

## 2022 Road Championship Model

	League	Age-Grade Parameters	Qualifying Races	Compulsory Race Distances Requiring Inclusion	Awards
Men's	Premier Division	>73%	10 x Best Race Results	5k Half Marathon	Top 3
	1	>67%	8 x Best Race Results	n/a	Top 3
	2	>62%	8 x Best Race Results	n/a	Top 3
	3	>55%	8 x Best Race Results	n/a	Top 3
	4	<55%	6 x Best Race Results	n/a	Top 3

	League	Age-Grade Qualification	Qualifying Races	Compulsory Race Distances Requiring Inclusion	Awards
Ladies	Premier Division	>67%	8 x Best Race Results	5k Half Marathon	Top 3
	1	>60%	6 x Best Race Results	n/a	Top 3
	2	>50%	6 x Best Race Results	n/a	Top 3
	3	<50%	4 x Best Race Results	n/a	Top 3

**Please Note:**

1. In the Premier Divisions, 5k and Half Marathon times are only included in the overall % calculation **IF** they are amongst the best 8 / 10 race results at the end of the year. If they are not, then they are still required; however will not be included in the end of year calculation and will simply demonstrate that a range of distances have been completed.
2. Promotion and relegation takes place at the end of the racing season. The race captains will promote and relegate based on the above Age-Grade Qualification parameters.
3. Any 1 Marathon per season may be included in your performances and count towards your total number of races. This should be reported within 1 month of completion to the Competitions Officer.

**Performance is based on WMA Road age-grading calculator 2015**