

Overall Results

Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
Air Products 10k								
1.	34	Richard Mckenna	1st	M45	1st		Shrewsbury AC	34:12
2.	271	Ben Bewley	2nd	M Sen	1st	A	Newcastle (Staffs) AC	35:29
3.	192	Steven Crowe	3rd	M Sen	2nd	A	South Cheshire Harriers	35:51
4.	167	Andrew Lamont	4th	M45	2nd	A		36:08
5.	66	Matt Sargent	5th	M Sen	3rd	B	Stafford Harriers	36:38
6.	204	Paul Hancock	6th	M50	1st	A	South Cheshire Harriers	36:40
7.	254	Craig Pearson	7th	M Sen	4th	A	Cannock & Stafford AC	36:55
8.	158	Paul Sidwells	8th	M45	3rd	A	Run Free	36:57
9.	173	Oliver Stone	9th	M Sen	5th	A	Rugeley Runners	37:41
10.	202	Pat Hudson	10th	M40	1st	B	South Cheshire Harriers	37:44
11.	127	Simon Fawcett	11th	M40	2nd	B		37:46
12.	216	Chris Pattinson	12th	M Sen	6th	B	South Cheshire Harriers	37:57
13.	147	Bryan Newlands	13th	M40	3rd	N	Wick Tri Club	38:06
14.	291	Gareth Jones	14th	M40	4th	B	Stone MM	38:14
15.	262	Daniel Jordan	15th	M50	2nd	A	Trentham RC	38:27
16.	249	Gareth Knapper	16th	M40	5th	B	Cheadle RC	38:32
17.	99	Michelle Buckle	1st	F45	1st	L	Silverdale RC	38:40
18.	71	Ian Heath	17th	M55	1st	C	Trentham RC	38:46
19.	13	Richard Crump	18th	M Sen	7th	B	Stafford Harriers	38:57
20.	252	Peter Mallison	19th	M50	3rd	A	South Cheshire Harriers	39:05
21.	233	James Simpson	20th	M45	4th	B	South Cheshire Harriers	39:11
22.	43	Steven Jennings	21st	M40	6th	C	Stoke FIT	39:12
23.	165	Glyn Pattinson	22nd	M50	4th	B	Cheadle RC	39:19
24.	299	Joanne Stanfield	2nd	F50	1st	L	Trentham RC	39:42
25.	272	Paul Millward	23rd	M55	2nd	C	Trentham RC	39:53
26.	242	Katie Latham	3rd	F35	1st	L	South Cheshire Harriers	39:55
27.	251	Liam Duggan	24th	M Sen	8th		Stafford Harriers	39:57
28.	80	Gareth Copley-Jones	25th	M40	7th	B	Silverdale RC	40:06
29.	10	Adam Marsland	26th	M Sen	9th	D	Welland Valley Tri Club	40:39
30.	135	Alan Brookes	27th	M60	1st	B	Trentham RC	40:40
31.	267	Emma Weston	4th	F45	2nd	L	Congleton Harriers	40:50
32.	191	Amy Grace	5th	F35	2nd	L	South Cheshire Harriers	40:58
33.	209	Darren Molloy	28th	M50	5th		South Cheshire Harriers	40:58
34.	130	Robin Zoka	29th	M Sen	10th		South Cheshire Harriers	41:11
35.	217	Andrew Thomas	30th	M55	3rd	C	Sandbach Striders	41:23
36.	143	Andrew Vickerman	31st	M40	8th	C	Newcastle (Staffs) AC	41:24
37.	273	Simon Nevitt	32nd	M45	5th	C	Stone MM	41:44
38.	1	Amanda Kelly	6th	F Sen	1st	L	Stoke FIT	42:01
39.	263	Tony Taylor	33rd	M55	4th	C	Sandbach Striders	42:06
40.	244	Clare Caci	7th	F Sen	2nd	M	Michelin AC	42:08
41.	109	Rich Keen	34th	M Sen	11th	D	Gator AC	42:11
42.	206	Steve Harrison	35th	M45	6th		South Cheshire Harriers	42:11
43.	227	Alex McDonald	36th	M Sen	12th	D	Gator AC	42:13
44.	98	David Maydew	37th	M55	5th	B	Trentham RC	42:16
45.	282	Doug Alcock	38th	M65	1st	C	Trentham RC	42:28
46.	116	Sarah Taylor	8th	F50	2nd	L	Trentham RC	42:39
47.	297	John Putt	39th	M55	6th	B	South Cheshire Harriers	42:49
48.	68	Andrew Jackson	40th	M45	7th	C	Staffs Moorlands AC	42:51
49.	101	Pete Savill	41st	M65	2nd	C	Shrewsbury AC	43:01

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Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
50.	50	Laura Palmer	9th	F40	1st	L	Chase Harriers	43:04
51.	208	Jason Littlewood	42nd	M Sen	13th	E	Stafford Harriers	43:07
52.	29	Colin McEvoy	43rd	M40	9th	A	Trentham RC	43:11
53.	196	Justin Green	44th	M50	6th	B	Stafford Harriers	43:19
54.	285	Jake Oliver	45th	M Sen	14th	C	Stafford Harriers	43:23
55.	212	Graeme Spencer	46th	M55	7th		Shropshire Shufflers	43:38
56.	89	Neil Flavell	47th	M55	8th	E	NSRRA	43:41
57.	128	Carol Higgs	10th	F55	1st	L	Trentham RC	43:44
58.	174	Mark Harrison	48th	M45	8th	C	Cheadle RC	43:46
59.	205	Darren Bloor	49th	M40	10th	D	Blythe Bridge RC	43:56
60.	237	Andy Twiss	50th	M Sen	15th		South Cheshire Harriers	43:59
61.	280	Carey Dyer	11th	F40	2nd	L	Silverdale RC	44:12
62.	104	Nathan Walton	51st	M50	7th	D	Newcastle (Staffs) AC	44:14
63.	187	Kieran Gilbert	52nd	M Sen	16th	F		44:28
64.	223	Deb Oneill	12th	F45	3rd	M	Trentham RC	44:33
65.	119	Chris Wakeman	53rd	M60	2nd	D	Shrewsbury AC	44:38
66.	156	Robert Mills	54th	M40	11th	E	Stoke FIT	44:41
67.	141	Jack Bayliss	55th	M55	9th		Newcastle Tri Club	44:46
68.	289	Peter Harris	56th	M Sen	17th	F	South Cheshire Harriers	44:48
69.	261	Steven Mccann	57th	M40	12th	B	Stone MM	44:58
70.	207	Claire Harrison	13th	F45	4th	M	South Cheshire Harriers	45:11
71.	234	Amanda Millward	14th	F35	3rd	M	Silverdale RC	45:15
72.	190	Angela Mensing	15th	F50	3rd	M	Stone MM	45:24
73.	193	Emma Wentworth	16th	F45	5th	M	Buxton AC	45:25
74.	259	Kerry Widdowson	17th	F45	6th	L	Trentham RC	45:26
75.	62	Fiona Ratic	18th	F40	3rd	M	Trentham RC	45:32
76.	88	Susan Kneill-Boxley	19th	F55	2nd	L	Cannock & Stafford AC	45:34
77.	125	David Nimmo	58th	M Sen	18th	C	South Cheshire Harriers	45:39
78.	293	Grahame Cope	59th	M50	8th	D	Stone MM	45:41
79.	270	Nicholas Watts	60th	M Sen	19th	D	Newport & District RC	45:46
80.	136	Peter James	61st	M45	9th			45:47
81.	213	Nikki Towle	20th	F50	4th	L	Stone MM	45:49
82.	253	Ruth Pryce	21st	F45	7th	M	South Cheshire Harriers	45:53
83.	258	Darcey Paskin	22nd	F Sen	3rd	M	Trentham RC	46:01
84.	288	Sam Thompson	62nd	M Sen	20th	E	Gator AC	46:19
85.	133	Steve Reynoldss	63rd	M50	9th	F		46:36
86.	294	Craig Buggins	64th	M50	10th	E	Wolves & Bilston	46:39
87.	201	Chris Lake	65th	M45	10th	E	Chase Harriers	46:43
88.	49	David Kivlin	66th	M40	13th	D	South Cheshire Harriers	46:59
89.	94	Rosamund Barker	23rd	F55	3rd	L	Stone MM	47:02
90.	188	Alicia Gilbert	24th	F35	4th	M		47:04
91.	277	Spencer Holland	67th	M50	11th	C	Stafford Harriers	47:35
92.	64	Nathan Kapp	68th	M Sen	21st	F	South Cheshire Harriers	47:41
93.	8	Natalie Boswell	25th	F35	5th	M	Cannock & Stafford AC	47:46
94.	176	Helen Somers	26th	F45	8th	M		47:49
95.	48	Claire Kivlin	27th	F40	4th	M	South Cheshire Harriers	47:54
96.	194	Norman Hindle	69th	M70	1st	F	South Cheshire Harriers	48:02
97.	86	Clive Heathcock	70th	M60	3rd	E	South Cheshire Harriers	48:06
98.	246	Mellissa Salmon	28th	F40	5th	M	Stoke FIT	48:08
99.	18	Rachel Beach	29th	F40	6th	M	South Cheshire Harriers	48:12
100.	182	Catherine Farrington	30th	F35	6th	M	South Cheshire Harriers	48:20

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Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
101.	200	Donna Harris	31st	F50	5th	M	Chase Harriers	48:24
102.	96	Ken Shenton	71st	M60	4th	E	Trentham RC	48:36
103.	189	Alex Shingler	72nd	M Sen	22nd	F	Newcastle (Staffs) AC	48:41
104.	295	Juliett Richardson	32nd	F45	9th	M	Trentham RC	48:57
105.	54	Oliver Clarke	73rd	M Sen	23rd	D	Silverdale RC	49:03
106.	241	Yvonne McGregor	33rd	F55	4th		South Cheshire Harriers	49:06
107.	55	Dennis Robinson	74th	M60	5th	F	South Cheshire Harriers	49:09
108.	215	Susan Poole	34th	F50	6th	M	South Cheshire Harriers	49:21
109.	87	Mark Dean	75th	M55	10th	F	Staffs Moorlands AC	49:26
110.	163	Kasia Piontas	35th	F Sen	4th	M		49:32
111.	145	Gemma Batchelor	36th	F35	7th	M		49:40
112.	296	Ian Hodkinson	76th	M45	11th	E	Stafford Harriers	49:40
113.	245	Nigel Lee	77th	M65	3rd	F	Newcastle (Staffs) AC	49:45
114.	124	Lisa Funge	37th	F45	10th	W	Silverdale RC	49:56
115.	260	Joe Morris	78th	M50	12th	G		50:02
116.	229	Jo Owen	38th	F35	8th	W	NSRRA	50:12
117.	175	Paul Burslem	79th	M55	11th	D	Trentham RC	50:15
118.	179	Christine Kilkenny	39th	F65	1st	L	Cannock & Stafford AC	50:15
119.	51	Mark Gibson	80th	M40	14th	E	Trentham RC	50:25
120.	132	Kevin Uzzell	81st	M70	2nd	E	Stone MM	50:28
121.	284	Mark Oliver	82nd	M50	13th	E	Stafford Harriers	50:32
122.	232	Sian Fern	40th	F Sen	5th	W	South Cheshire Harriers	51:06
123.	184	Emma Walters	41st	F40	7th	X	Blythe Bridge RC	51:11
124.	58	Chris Skellern	42nd	F55	5th	L	Stafford Harriers	51:23
125.	239	Pete Nicholson	83rd	M Sen	24th	G		51:25
126.	170	Julie Dudley	43rd	F60	1st	X	Cheadle RC	51:27
127.	110	Paul Crean	84th	M60	6th	F	Congleton Harriers	51:28
128.	63	Alice Smith	44th	F Sen	6th	W	South Cheshire Harriers	51:30
129.	265	Gillian Tinsley	45th	F50	7th	M	Trentham RC	51:45
130.	168	Ellie Evans	46th	F35	9th	M	Stone MM	51:46
131.	100	Debra Mackie	47th	F50	8th	W	Stone MM	51:48
132.	39	Phil Kirkham	85th	M Sen	25th	G	NSRRA	51:51
133.	154	Matthew Burley	86th	M40	15th	D	Trentham RC	52:03
134.	140	Andrew Greer	87th	M45	12th		South Cheshire Harriers	52:15
135.	24	Paige Jepson	48th	F Sen	7th			52:31
136.	126	Julie Knall	49th	F55	6th	X	Silverdale RC	52:31
137.	85	Jane Holt	50th	F50	9th	W		52:32
138.	276	Karly Harris	51st	F Sen	8th	X	South Cheshire Harriers	52:36
139.	166	Kerri Delaney	52nd	F Sen	9th	W	Stafford Harriers	52:37
140.	171	Carol Astbury	53rd	F55	7th	W	Uttoxeter RR	52:38
141.	30	Jon Hillman	88th	M Sen	26th	F	NSRRA	52:46
142.	177	Peter Divall	89th	M70	3rd	F	NSRRA	52:47
143.	28	Kerry Podmore	54th	F45	11th	M	South Cheshire Harriers	52:51
144.	250	Suzanne Dale	55th	F35	10th	W	South Cheshire Harriers	52:53
145.	123	Hayley Barlow	56th	F40	8th	W	Silverdale RC	53:05
146.	70	Andy Ferneyhough	90th	M40	16th	G	Blythe Bridge RC	53:24
147.	78	Mark Beech	91st	M Sen	27th	F	Fetch Everyone	53:36
148.	37	Louise Gibbs	57th	F45	12th	X	Stoke FIT	53:37
149.	149	Karen Murray	58th	F55	8th	M	Stafford Harriers	53:38
150.	38	Peter Gibbs	92nd	M45	13th	G	Stoke FIT	53:51
151.	298	Chris Mosiuk	93rd	M Sen	28th	C	Trentham RC	53:55

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Pos	Bib	Name	M/F	AG	AG Pos	NSRRA	Club	Time
152.	106	Angela Morton	59th	F55	9th	W	Stoke FIT	53:59
153.	112	Ian Allen	94th	M55	12th	F	NSRRA	54:05
154.	97	Vicki Henshaw	60th	F35	11th	W	Blythe Bridge RC	54:13
155.	198	Daljeet Patel	61st	F40	9th			54:25
156.	131	Russell Williams	95th	M60	7th	D	Cheadle RC	54:30
157.	73	Karl Hukins	96th	M Sen	29th	F		54:40
158.	15	Sarah Latham	62nd	F Sen	10th	W	Trentham RC	54:43
159.	65	Ruth Gamwell	63rd	F45	13th	X	Macclesfield Harriers	54:56
160.	283	Joanne Oliver	64th	F50	10th	W	Stafford Harriers	54:56
161.	186	Diane Mason	65th	F55	10th	W		55:05
162.	12	Andy Torbitt	97th	M Sen	30th	G	Macclesfield Harriers	55:13
163.	157	Natalie Bailey	66th	F40	10th	W	South Cheshire Harriers	55:14
164.	91	Joanne Share	67th	F45	14th		Newcastle (Staffs) AC	55:30
165.	105	Babitah Hibbert	68th	F45	15th	X	Trentham RC	55:41
166.	9	Simon Clarke	98th	M50	14th	F	Fetch Everyone	55:54
167.	255	Tom Davall	99th	M Sen	31st	E	Stafford Harriers	55:57
168.	222	Nitesh Thakrar	100th	M55	13th	E	Stafford Harriers	56:01
169.	162	Donna Jillings	69th	F50	11th	X	Chase Harriers	56:04
170.	178	Ruth Farrell	70th	F45	16th	W	Stoke FIT	56:09
171.	114	Pat Bentley	71st	F70	1st	W	Trentham RC	56:19
172.	235	Judith Ho	72nd	F65	2nd	W		56:38
173.	120	Lisa Goodwin	73rd	F50	12th		Vegan Runners	56:40
174.	20	Brad Ehlen	101st	M50	15th		Northwich RC	56:45
175.	279	Lindsey Foster	74th	F55	11th	W	Stafford Harriers	56:45
176.	121	Nicola Ticehurst	75th	F Sen	11th	W		56:49
177.	180	Thompson Andrew	102nd	M50	16th	F	Chase Harriers	56:55
178.	6	Graham Mclachlan	103rd	M45	14th	E	Gator AC	57:01
179.	290	David Wain	104th	M Sen	32nd	G		57:04
180.	33	Emma Lonczyk	76th	F40	11th	W	Blythe Bridge RC	57:06
181.	52	Sam Chappell	105th	M40	17th	G	NSRRA	57:21
182.	266	Kirsty Rollings	77th	F35	12th	X	South Cheshire Harriers	57:31
183.	228	Phil Cliff	106th	M55	14th	E	South Cheshire Harriers	57:33
184.	172	Helen Nightingale	78th	F55	12th	W	South Cheshire Harriers	57:49
185.	278	Ruth Edwards	79th	F60	2nd	W	Stafford Harriers	57:55
186.	93	Elaine Statham	80th	F75	1st	W	Congleton Harriers	57:57
187.	159	Mark Dixon	107th	M40	18th	E	Newcastle (Staffs) AC	58:06
188.	76	Tracey Bagguley	81st	F45	17th	W	Silverdale RC	58:10
189.	82	Louise Baldwin	82nd	F55	13th	W	Shropshire Shufflers	58:12
190.	257	Stuart Ellis	108th	M45	15th			58:15
191.	287	Daniel Maddock	109th	M40	19th	G	Trentham RC	58:21
192.	5	Kat Arnold	83rd	F40	12th	W	South Cheshire Harriers	58:22
193.	74	Les Tams	110th	M55	15th	E	NSRRA	58:23
194.	137	Lee Armitage	111th	M Sen	33rd	F	South Cheshire Harriers	58:27
195.	247	Alan Lewis	112th	M80	1st	G	Trentham RC	58:45
196.	92	David Statham	113th	M50	17th	F	NSRRA	59:03
197.	240	Andrea Hastelow	84th	F45	18th		Michelin AC	59:06
198.	32	David Smith	114th	M50	18th		Lonely Goat RC	59:08
199.	224	Alfred Slater	115th	M75	1st	G		59:19
200.	225	Tim Slater	116th	M45	16th	G	NSRRA	59:19
201.	108	Belinda Riley	85th	F60	3rd	W	Silverdale RC	59:29
202.	27	Andrew Cotton	117th	M50	19th		Lonely Goat RC	59:30

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203.	230	James Tutton	118th	M40	20th	F	Stoke FIT	59:34
204.	115	Toni Collier	86th	F40	13th	Y	Chase Harriers	1:00:06
205.	268	Claire Allman	87th	F Sen	12th	X	South Cheshire Harriers	1:00:28
206.	281	Tracy Burrows	88th	F45	19th	X	Stafford Harriers	1:00:43
207.	214	Kate Hopkinson	89th	F40	14th	W		1:00:57
208.	40	Michael Horton	119th	M70	4th	F	NSRRA	1:01:00
209.	264	Denise Sandford	90th	F55	14th	W	Stoke FIT	1:01:27
210.	236	Sherrie Brereton	91st	F40	15th			1:01:43
211.	31	Joanne Knapper	92nd	F50	13th	Y	Mow Cop RR	1:01:50
212.	117	Victoria Goodwin	93rd	F50	14th	X	NSRRA	1:02:03
213.	69	Dawn Plant	94th	F45	20th	X	Blythe Bridge RC	1:02:28
214.	152	Gael Earp	95th	F55	15th	X	NSRRA	1:02:48
215.	134	Linda Ferneyhough	96th	F55	16th	W	NSRRA	1:02:57
216.	231	Sara Rees	97th	F45	21st	Y	Chase Harriers	1:02:59
217.	57	Maria Gaye	98th	F50	15th	X	Blythe Bridge RC	1:03:26
218.	7	Emma Carr	99th	F35	13th	W	Mow Cop RR	1:04:26
219.	17	Dianne Lapworth	100th	F65	3rd	X	Mow Cop RR	1:04:48
220.	23	Wendy Plant	101st	F50	16th	Y	Mow Cop RR	1:05:30
221.	21	Micheline Tremblay	102nd	F55	17th	Y	South Cheshire Harriers	1:05:41
222.	129	Rita Banks	103rd	F75	2nd	Y	Stone MM	1:05:42
223.	47	Sara Morris	104th	F45	22nd	W	Stone MM	1:05:45
224.	77	Helen El Mkhattat	105th	F45	23rd			1:05:55
225.	151	Colin Earp	120th	M70	5th	G	South Cheshire Harriers	1:06:33
226.	41	Carol Bryant	106th	F70	2nd	X	Stoke FIT	1:06:39
227.	181	Robert Sissons	121st	M75	2nd	G		1:06:49
228.	53	David Hebb	122nd	M60	8th	G	NSRRA	1:06:53
229.	243	Rachel Marsden	107th	F45	24th	X	Stafford Harriers	1:07:02
230.	35	Juliet Carter	108th	F50	17th	Y	South Cheshire Harriers	1:07:09
231.	25	Cherry Jepson	109th	F55	18th			1:07:19
232.	164	Sarah Bromley	110th	F45	25th		Stafford Harriers	1:07:20
233.	195	Malcolm Rushton	123rd	M70	6th	G	Trentham RC	1:07:27
234.	169	Shaz Whitfield	111th	F50	18th	Y		1:07:44
235.	46	Chrissy Barrow	112th	F Sen	13th	W	South Cheshire Harriers	1:07:45
236.	26	Trish Davidon	113th	F55	19th	X	South Cheshire Harriers	1:08:02
237.	111	Paul Cotterill	124th	M45	17th			1:08:24
238.	218	Bobbie Worswick	114th	F50	19th		Trentham RC	1:08:26
239.	14	Sue Davies	115th	F55	20th	W	South Cheshire Harriers	1:08:42
240.	203	Janet Skelton	116th	F60	4th	Y	Trentham RC	1:09:00
241.	103	Sophie Daragheh	117th	F Sen	14th	X		1:09:05
242.	256	Nelima Moran	118th	F40	16th			1:09:21
243.	155	Lisa Powney	119th	F45	26th		South Cheshire Harriers	1:09:24
244.	220	Joyce Edwards	120th	F70	3rd	Y	Stone MM	1:09:36
245.	44	Christine Pezzaioli	121st	F60	5th	Y	Stoke FIT	1:10:19
246.	221	Chris Barlow	125th	M70	7th	G	Stone MM	1:10:39
247.	275	Hollie Birkinshaw	122nd	F Sen	15th	X	Silverdale RC	1:11:04
248.	75	Olivia Larsson	123rd	F Sen	16th	X	Silverdale RC	1:11:11
249.	269	Sue Kirby	124th	F50	20th	X	Silverdale RC	1:11:18
250.	11	Charles Larsson	126th	M50	20th	E	Silverdale RC	1:11:19
251.	274	Jane Irving	125th	F50	21st	X	Silverdale RC	1:11:23
252.	84	Lee Lymer	126th	F55	21st	Y	Silverdale RC	1:11:36
253.	122	Sarah Symonds	127th	F45	27th			1:11:59

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254.	185	Nina Savage	128th	F40	17th			1:12:48
255.	90	Melody Morris	129th	F45	28th	X	Potters Trotters	1:12:58
256.	211	Hazel Barlow	130th	F60	6th	Y	Michelin AC	1:13:18
257.	42	Peter Richardson	127th	M40	21st	E	Cheadle RC	1:13:22
258.	219	Kerry Hopkinson	128th	M40	22nd	X	NSRRA	1:13:23
259.	146	Colin Pheasant	129th	M65	4th	G	Chase Harriers	1:14:02
260.	72	Kresia Jones	131st	F Sen	17th	Y	Chase Harriers	1:14:13
261.	81	Carole Wilshaw	132nd	F60	7th	Y	Potters Trotters	1:14:27
262.	102	Hayley Berrisford	133rd	F45	29th			1:15:00
263.	292	Kerryann Maddock	134th	F40	18th	X	Trentham RC	1:16:05
264.	61	Amie Edge	135th	F Sen	18th	Y	Trentham RC	1:16:41
265.	226	Louise Waldron-Kelly	136th	F45	30th	Y	Blythe Bridge RC	1:18:01
266.	210	Victoria Byatt	137th	F50	22nd	Y	Stoke FIT	1:18:20
267.	248	Michelle Puttick	138th	F50	23rd	Y	NSRRA	1:19:40
268.	153	Emma Burley	139th	F35	14th	X	Trentham RC	1:19:47
269.	67	Jacquie Macphail	140th	F55	22nd	Y	Trentham RC	1:20:55
270.	160	Philippa McCulloch	141st	F Sen	19th		South Cheshire Harriers	1:24:10
271.	95	Celia Maddock	142nd	F65	4th	Y	Trentham RC	1:24:26
272.	138	Mont Moreton	130th	M45	18th	E	Stoke FIT	1:27:23
273.	59	Peter Mousikou	131st	M60	9th		Stoke FIT	1:30:36
274.	60	Melanie Bailey	143rd	F45	31st		Stoke FIT	1:32:41
275.	4	Jen Shorter	144th	F40	19th	Y	Blythe Bridge RC	1:37:08
276.	2	Lesley Jane Hughes	145th	F60	8th	Y	Blythe Bridge RC	1:37:09
277.	286	Valerie Stuart	146th	F75	3rd	Y	Stafford Harriers	1:57:28

Air Products 5k

1.	45	John Putt	1st		1st	B	South Cheshire Harriers	20:10
2.	161	Elen Putt	1st		1st			20:33
3.	199	Molly Woodfield	2nd		2nd		Gator AC	29:23

Number of records: 280