

**South Cheshire Harriers**  
**Men's Best Times : 2008**

Name	Event	Date	Time
<b>4 Miles</b>			
<b>Senior Men</b>			
Charles Rowlands	Cheadle 4	13 Jul 2008	00:25:30
Andy Mayers	Cheadle 4	13 Jul 2008	00:25:32
Pat Hudson	Cheadle 4	13 Jul 2008	00:26:05
<b>V40</b>			
Neil Jones	Cheadle 4	13 Jul 2008	00:23:51
Nick Dunning	Cheadle 4	13 Jul 2008	00:25:02
Mark Hough	Cheadle 4	13 Jul 2008	00:25:22
Stephen Dawson	Cheadle 4	13 Jul 2008	00:25:57
Philip Cliff	Cheadle 4	13 Jul 2008	00:28:21
<b>V45</b>			
Mike Hatton	Cheadle 4	13 Jul 2008	00:22:46
Stephen Whincup	Cheadle 4	13 Jul 2008	00:28:02
Robert Mayers	Cheadle 4	13 Jul 2008	00:29:10
<b>V50</b>			
Michael Cutler	Cheadle 4	13 Jul 2008	00:27:20
<b>V55</b>			
Melvyn Cole	Cheadle 4	13 Jul 2008	00:27:32
Martin Stirna	Cheadle 4	13 Jul 2008	00:32:11
<b>5 Miles</b>			
<b>Junior Men</b>			
Liam Wilkinson	Pie n Peas	06 Aug 2008	00:30:33
<b>Senior Men</b>			
Peter Mallison	Westbridge 5	01 Jun 2008	00:28:24
Peter Mallison	Alsager 5	03 Feb 2008	00:28:25
David Beresford	Chester Spring 5	02 Apr 2008	00:29:59
Pat Hudson	Staffs Knot 5	13 Aug 2008	00:31:36
Andy Mayers	Westbridge 5	01 Jun 2008	00:32:10
<b>V40</b>			
Stuart Jones	Westbridge 5	01 Jun 2008	00:29:12
Neil Jones	Westbridge 5	01 Jun 2008	00:29:23
Neil Jones	Staffs Knot 5	13 Aug 2008	00:29:28
Stuart Jones	Chester Spring 5	02 Apr 2008	00:29:40
Neil Jones	Chester Spring 5	02 Apr 2008	00:29:57
<b>V45</b>			
Mike Hatton	Staffs Knot 5	13 Aug 2008	00:28:36
Mike Hatton	Alsager 5	03 Feb 2008	00:28:42
Mike Hatton	Westbridge 5	01 Jun 2008	00:28:54
Mike Hatton	Pie n Peas	06 Aug 2008	00:29:44
Stephen Whincup	Alsager 5	03 Feb 2008	00:34:36
<b>V50</b>			
Michael Cutler	Staffs Knot 5	13 Aug 2008	00:35:09
Michael Cutler	Westbridge 5	01 Jun 2008	00:35:34
Michael Cutler	Alsager 5	03 Feb 2008	00:36:21
David McGrath	Pie n Peas	06 Aug 2008	00:36:35
Michael Cutler	Chester Spring 5	02 Apr 2008	00:37:47
<b>V55</b>			
Melvyn Cole	Alsager 5	03 Feb 2008	00:33:16
Melvyn Cole	Westbridge 5	01 Jun 2008	00:34:07
John Latham	Alsager 5	03 Feb 2008	00:41:34
Martin Stirna	Pie n Peas	06 Aug 2008	00:41:50
Martin Stirna	Staffs Knot 5	13 Aug 2008	00:41:57
<b>V60 (+)</b>			
Tony Salthouse	Westbridge 5	01 Jun 2008	00:36:45
Colin Earp	Westbridge 5	01 Jun 2008	00:37:33
Colin Earp	Alsager 5	03 Feb 2008	00:38:21
Tony Salthouse	Staffs Knot 5	13 Aug 2008	00:39:33
Tony Salthouse	Pie n Peas	06 Aug 2008	00:40:48
<b>10K</b>			
<b>Junior Men</b>			
Liam Wilkinson	Sandbach Super Six	14 Sep 2008	00:36:19
<b>Senior Men</b>			
Peter Mallison	Stone St Michaels 10k	22 Jun 2008	00:35:24
Peter Mallison	Clayton 10k	07 May 2008	00:36:11
Peter Mallison	Berryhillfields 10k	01 Jul 2008	00:36:20
Gareth Carless	Sandbach Super Six	14 Sep 2008	00:36:23
Peter Mallison	Cheddleton Pudding Run	29 Nov 2008	00:37:13
<b>V40</b>			
Neil Jones	Stone St Michaels 10k	22 Jun 2008	00:36:17
Neil Jones	Helena Tipping	07 Dec 2008	00:36:59
Stuart Jones	Clayton 10k	07 May 2008	00:37:09
Neil Jones	Birchwood 10k	17 Aug 2008	00:37:11
Neil Jones	Sandbach Super Six	14 Sep 2008	00:37:42
<b>V45</b>			
Mike Hatton	Stone St Michaels 10k	22 Jun 2008	00:35:30
Mike Hatton	Clayton 10k	07 May 2008	00:36:16
Mike Hatton	Berryhillfields 10k	01 Jul 2008	00:36:27
Stephen Whincup	Stone St Michaels 10k	22 Jun 2008	00:42:24
Andy Godfrey	Stone St Michaels 10k	22 Jun 2008	00:43:18
<b>V50</b>			
Ivor Twiss	Helena Tipping	07 Dec 2008	00:39:07
Michael Cutler	Helena Tipping	07 Dec 2008	00:41:15
Michael Cutler	Stone St Michaels 10k	22 Jun 2008	00:43:22
David McGrath	Cheddleton Pudding Run	29 Nov 2008	00:43:34
Michael Cutler	Sandbach Super Six	14 Sep 2008	00:43:49
<b>V55</b>			
Melvyn Cole	Helena Tipping	07 Dec 2008	00:40:43
Melvyn Cole	Farndon 10k	02 Mar 2008	00:41:42
Ian Ankers	Cheddleton Pudding Run	29 Nov 2008	00:41:49
Melvyn Cole	Berryhillfields 10k	01 Jul 2008	00:42:58
Melvyn Cole	Stone St Michaels 10k	22 Jun 2008	00:43:15
<b>V60 (+)</b>			
Colin Earp	Stone St Michaels 10k	22 Jun 2008	00:46:27
Tony Salthouse	Clayton 10k	07 May 2008	00:47:55
Colin Earp	Clayton 10k	07 May 2008	00:49:07
<b>7 Miles</b>			
<b>Senior Men</b>			
Charles Rowlands	Newcastle7	30 Mar 2008	00:46:35
Andy Mayers	Newcastle7	30 Mar 2008	00:48:24
<b>V40</b>			
Stuart Jones	Newcastle7	30 Mar 2008	00:42:32
Neil Jones	Newcastle7	30 Mar 2008	00:44:34
Robert Cummings	Newcastle7	30 Mar 2008	00:50:52
Philip Cliff	Newcastle7	30 Mar 2008	00:52:37
Alasdair Dyde	Newcastle7	30 Mar 2008	00:57:19
<b>V45</b>			
Robert Mayers	Newcastle7	30 Mar 2008	00:52:53
<b>V50</b>			
Michael Cutler	Newcastle7	30 Mar 2008	00:57:48
<b>V55</b>			
John Latham	Newcastle7	30 Mar 2008	01:02:20
<b>V60 (+)</b>			
Tony Salthouse	Newcastle7	30 Mar 2008	00:52:58
Colin Earp	Newcastle7	30 Mar 2008	00:53:00
<b>10 Miles</b>			
<b>Senior Men</b>			
Peter Mallison	Trentham 10 miler	20 Jul 2008	01:00:19
Peter Mallison	Flying Fox 10	02 Nov 2008	01:02:52
Pat Hudson	Flying Fox 10	02 Nov 2008	01:05:42
Andy Mayers	Trentham 10 miler	20 Jul 2008	01:06:48
Pat Hudson	Trentham 10 miler	20 Jul 2008	01:07:00
<b>V40</b>			
Stuart Jones	Trentham 10 miler	20 Jul 2008	01:00:40
Neil Jones	Trentham 10 miler	20 Jul 2008	01:01:50
Neil Jones	Flying Fox 10	02 Nov 2008	01:02:52
Stephen Dawson	Trentham 10 miler	20 Jul 2008	01:07:08
Robert Cummings	Trentham 10 miler	20 Jul 2008	01:15:03
<b>V45</b>			
Mike Hatton	Trentham 10 miler	20 Jul 2008	00:59:01
Mike Hatton	Flying Fox 10	02 Nov 2008	00:59:15
Stephen Whincup	Trentham 10 miler	20 Jul 2008	01:13:46
Andy Godfrey	Flying Fox 10	02 Nov 2008	01:15:16
Alasdair Dyde	Flying Fox 10	02 Nov 2008	01:17:54
<b>V50</b>			
Ivor Twiss	Flying Fox 10	02 Nov 2008	01:11:45
Michael Cutler	Trentham 10 miler	20 Jul 2008	01:12:39
Michael Cutler	Flying Fox 10	02 Nov 2008	01:14:07
<b>V55</b>			
Melvyn Cole	Flying Fox 10	02 Nov 2008	01:07:50
Melvyn Cole	Trentham 10 miler	20 Jul 2008	01:13:03
Martin Stirna	Flying Fox 10	02 Nov 2008	01:31:41
<b>V60 (+)</b>			
Colin Earp	Flying Fox 10	02 Nov 2008	01:19:58
Colin Earp	Trentham 10 miler	20 Jul 2008	01:21:41
Colin Wynne	Flying Fox 10	02 Nov 2008	01:24:18
Colin Wynne	Trentham 10 miler	20 Jul 2008	01:25:03
<b>Half Marathon</b>			
<b>Senior Men</b>			
Peter Mallison	4 villages half M'thon	20 Jan 2008	01:17:46
Peter Mallison	Congleton Half Marathon	05 Oct 2008	01:17:53
Peter Mallison	Stafford half marathon	16 Mar 2008	01:18:42
Pete Marquis-Jones	Congleton Half Marathon	05 Oct 2008	01:23:04
Pete Marquis-Jones	Stafford half marathon	16 Mar 2008	01:26:11
<b>V40</b>			
Stuart Jones	Potters 'Arf	08 Jun 2008	01:19:07
Stuart Jones	Uttoxeter half marathon	27 Apr 2008	01:19:47
Colin Simpson	Congleton Half Marathon	05 Oct 2008	01:20:50
Neil Jones	Congleton Half Marathon	05 Oct 2008	01:21:28
Stuart Jones	Stafford half marathon	16 Mar 2008	01:23:11
<b>V45</b>			
Mike Hatton	Village Bakeries 1/2 M'thon	17 Feb 2008	01:16:04
Mike Hatton	4 villages half M'thon	20 Jan 2008	01:17:56
Mike Hatton	Congleton Half Marathon	05 Oct 2008	01:18:59
Mike Hatton	Potters 'Arf	08 Jun 2008	01:21:37
Stephen Whincup	Village Bakeries 1/2 M'thon	17 Feb 2008	01:34:17
<b>V50</b>			
David McGrath	Stafford half marathon	16 Mar 2008	01:29:59
David McGrath	4 villages half M'thon	20 Jan 2008	01:34:24
David McGrath	Village Bakeries 1/2 M'thon	17 Feb 2008	01:34:49
Michael Cutler	Congleton Half Marathon	05 Oct 2008	01:37:00
Martin Stirna	Village Bakeries 1/2 M'thon	17 Feb 2008	01:43:04
<b>V55</b>			
Melvyn Cole	Village Bakeries 1/2 M'thon	17 Feb 2008	01:27:51
Melvyn Cole	Congleton Half Marathon	05 Oct 2008	01:30:14
Melvyn Cole	4 villages half M'thon	20 Jan 2008	01:30:22
Martin Stirna	Congleton Half Marathon	05 Oct 2008	01:57:58
<b>V60 (+)</b>			
Colin Earp	Uttoxeter half marathon	27 Apr 2008	01:34:08
Colin Earp	Stafford half marathon	16 Mar 2008	01:43:59
Colin Earp	Congleton Half Marathon	05 Oct 2008	01:49:48
Colin Earp	Potters 'Arf	08 Jun 2008	01:53:11
Colin Wynne	Uttoxeter half marathon	27 Apr 2008	01:57:33
<b>Marathon</b>			
<b>Senior Men</b>			
Pete Marquis-Jones	ANY MARATHON	01 Nov 2008	03:00:41
Pat Hudson	London Marathon **	13 Apr 2008	03:15:08
Colin Simpson	London Marathon **	13 Apr 2008	03:16:04
Neil Cooper	ANY MARATHON	01 Nov 2008	03:36:48
Matthew Lewis	London Marathon **	13 Apr 2008	03:42:43
<b>V40</b>			
Stuart Jones	ANY MARATHON	01 Nov 2008	02:50:08
Robert Bonson	London Marathon **	13 Apr 2008	03:27:21
Nick Dunning	ANY MARATHON	01 Nov 2008	03:40:26
<b>V45</b>			
Mike Hatton	London Marathon **	13 Apr 2008	02:40:00
Trevor Reece	London Marathon **	13 Apr 2008	03:53:24
Alasdair Dyde	ANY MARATHON	01 Nov 2008	04:13:16
<b>V50</b>			
David McGrath	London Marathon **	13 Apr 2008	03:18:41