

South Cheshire Harriers
Men's Best Times : 2006

Name	Event	Date	Time
4 Miles			
Senior Men			
Andy Mayers	Cheadle 4	16 Jul 2006	00:24:13
Charles Rowlands	Cheadle 4	16 Jul 2006	00:28:03
Glenn Riley	Cheadle 4	16 Jul 2006	00:32:06
V40			
Andy Caunt	Cheadle 4	16 Jul 2006	00:25:01
Robert Bonson	Cheadle 4	16 Jul 2006	00:26:26
Stephen Dawson	Cheadle 4	16 Jul 2006	00:28:50
Robert Mayers	Cheadle 4	16 Jul 2006	00:29:18
Simon Walker	Cheadle 4	16 Jul 2006	00:30:31
V45			
Michael Cutler	Cheadle 4	16 Jul 2006	00:29:59
V55			
Colin Earp	Cheadle 4	16 Jul 2006	00:30:44
John Latham	Cheadle 4	16 Jul 2006	00:34:21
5 Miles			
Senior Men			
Robert Cummings	Alsager 5	05 Feb 2006	00:33:09
Robert Cummings	Chester Spring 5	05 Apr 2006	00:33:15
Charles Rowlands	Chester Spring 5	05 Apr 2006	00:33:47
Garth Edwards	Alsager 5	05 Feb 2006	00:34:14
Charles Rowlands	Alsager 5	05 Feb 2006	00:34:54
V40			
Mike Hatton	Alsager 5	05 Feb 2006	00:28:05
Mike Hatton	Westbridge 5	04 Jun 2006	00:29:31
Andy Caunt	Chester Spring 5	05 Apr 2006	00:31:18
Andy Caunt	Staffs Knot 5	09 Aug 2006	00:31:33
Robert Bonson	Alsager 5	05 Feb 2006	00:32:12
V45			
Mike Hatton	Staffs Knot 5	09 Aug 2006	00:29:46
Mike Hatton	Ipstones 5	09 Sep 2006	00:30:57
Michael Cutler	Alsager 5	05 Feb 2006	00:34:02
Michael Cutler	Chester Spring 5	05 Apr 2006	00:34:12
Michael Cutler	Westbridge 5	04 Jun 2006	00:35:40
V50			
Martin Stirna	Alsager 5	05 Feb 2006	00:37:48
V55			
Colin Earp	Alsager 5	05 Feb 2006	00:36:52
Colin Earp	Staffs Knot 5	09 Aug 2006	00:37:53
Colin Earp	Westbridge 5	04 Jun 2006	00:38:18
Colin Wynne	Westbridge 5	04 Jun 2006	00:39:31
Colin Earp	Ipstones 5	09 Sep 2006	00:40:00
V60 (+)			
David Griffiths	Alsager 5	05 Feb 2006	00:42:08
10K			
Senior Men			
Peter Mallison	Berryhill Fields 10K	01 Aug 2006	00:37:34
Andy Mayers	Sutton 6	24 Sep 2006	00:38:18
Andy Mayers	Sandbach Super 6	10 Sep 2006	00:39:09
Andy Mayers	Helena Tipping	11 Dec 2006	00:40:51
Charles Rowlands	Sandbach Super 6	10 Sep 2006	00:42:10
V40			
Mike Hatton	Berryhill Fields 10K	01 Aug 2006	00:38:23
Andy Caunt	Farndon 10K	05 Mar 2006	00:39:34
Andy Caunt	Sandbach Super 6	10 Sep 2006	00:39:51
Andy Caunt	Clayton 10K	03 May 2006	00:40:04
Robert Jones	Farndon 10K	05 Mar 2006	00:40:05
V45			
Michael Cutler	Clayton 10K	03 May 2006	00:43:10
Michael Cutler	Sandbach Super 6	10 Sep 2006	00:46:17
Mick Tobin	Sandbach Super 6	10 Sep 2006	00:47:00
Michael Cutler	Berryhill Fields 10K	01 Aug 2006	00:47:52
Michael Cutler	Cheddleton 10K	25 Nov 2006	00:49:31
V50			
David McGrath	Birchwood 10K	20 Aug 2006	00:40:58
David McGrath	Cheddleton 10K	25 Nov 2006	00:43:10
David McGrath	Berryhill Fields 10K	01 Aug 2006	00:43:36
Paul Brownbill	Birchwood 10K	20 Aug 2006	00:44:08
Martin Stirna	Helena Tipping	11 Dec 2006	00:48:54
V55			
Ian Ankers	Cheddleton 10K	25 Nov 2006	00:41:54
Colin Earp	Stone St Michaels 10K	25 Jun 2006	00:46:35
Colin Earp	Clayton 10K	03 May 2006	00:48:43
Colin Earp	Berryhill Fields 10K	01 Aug 2006	00:48:44
John Latham	Birchwood 10K	20 Aug 2006	00:49:34
V60 (+)			
David Griffiths	Helena Tipping	11 Dec 2006	00:52:08
10 Miles			
Senior Men			
Charles Rowlands	Trentham 10	23 Jul 2006	01:15:27
Glenn Riley	Flying Fox 10	05 Nov 2006	01:15:31
V40			
Stephen Dawson	Flying Fox 10	05 Nov 2006	01:05:59
Robert Bonson	Trentham 10	23 Jul 2006	01:08:48
Stephen Dawson	Trentham 10	23 Jul 2006	01:14:03
Robert Cummings	Trentham 10	23 Jul 2006	01:14:49
Robert Mayers	Flying Fox 10	05 Nov 2006	01:16:15
V45			
Mike Hatton	Flying Fox 10	05 Nov 2006	01:01:09
Michael Cutler	Trentham 10	23 Jul 2006	01:17:34
Michael Cutler	Flying Fox 10	05 Nov 2006	01:17:56
V50			
David McGrath	Trentham 10	23 Jul 2006	01:12:32
Martin Stirna	Flying Fox 10	05 Nov 2006	01:24:15
Christopher Walsh	Flying Fox 10	05 Nov 2006	01:28:06
V55			
Colin Earp	Trentham 10	23 Jul 2006	01:19:28
Colin Earp	Flying Fox 10	05 Nov 2006	01:21:02
Colin Wynne	Trentham 10	23 Jul 2006	01:21:52
Colin Wynne	Flying Fox 10	05 Nov 2006	01:23:24
Half Marathon			
Senior Men			
Colin Simpson	4 Villages Half Marathon	22 Jan 2006	01:23:42
Colin Simpson	Stafford Half Marathon	19 Mar 2006	01:25:08
Colin Simpson	Potter's 'Arf	11 Jun 2006	01:26:47
Robert Bonson	4 Villages Half Marathon	22 Jan 2006	01:29:07
Charles Rowlands	Congleton Half Marathon	08 Oct 2006	01:32:57
V40			
Mike Hatton	4 Villages Half Marathon	22 Jan 2006	01:15:44
Mike Hatton	Uttoxeter Half Marathon	07 May 2006	01:18:42
Mike Hatton	Potter's 'Arf	11 Jun 2006	01:25:16
Robert Bonson	Village Bakeries Half Marathon	19 Feb 2006	01:28:37
Stephen Dawson	Macclesfield Half Marathon	01 Oct 2006	01:30:57
V45			
Mike Hatton	Congleton Half Marathon	08 Oct 2006	01:18:53
Mike Hatton	Leek Half Marathon	27 Aug 2006	01:24:12
Michael Cutler	4 Villages Half Marathon	22 Jan 2006	01:35:36
Michael Cutler	Uttoxeter Half Marathon	07 May 2006	01:35:37
Michael Cutler	Stafford Half Marathon	19 Mar 2006	01:36:54
V50			
David McGrath	Stafford Half Marathon	19 Mar 2006	01:30:08
David McGrath	Uttoxeter Half Marathon	07 May 2006	01:32:48
David McGrath	4 Villages Half Marathon	22 Jan 2006	01:34:09
Paul Brownbill	4 Villages Half Marathon	22 Jan 2006	01:36:20
David McGrath	Village Bakeries Half Marathon	19 Feb 2006	01:37:50
V55			
Colin Earp	Uttoxeter Half Marathon	07 May 2006	01:46:05
Colin Earp	Stafford Half Marathon	19 Mar 2006	01:46:34
Colin Wynne	Uttoxeter Half Marathon	07 May 2006	01:50:12
Colin Earp	Leek Half Marathon	27 Aug 2006	01:50:40
Colin Wynne	Leek Half Marathon	27 Aug 2006	01:54:17
V60 (+)			
David Griffiths	4 Villages Half Marathon	22 Jan 2006	02:04:57
20 Miles			
Senior Men			
Glenn Riley	South Cheshire 20	21 May 2006	02:56:51
V40			
Mike Hatton	Stafford 20	12 Mar 2006	02:02:06
Mike Hatton	South Cheshire 20	21 May 2006	02:05:16
V45			
Trevor Reece	South Cheshire 20	21 May 2006	02:44:49
Michael Cutler	South Cheshire 20	21 May 2006	02:50:10
V50			
David McGrath	Stafford 20	12 Mar 2006	02:25:12
Martin Stirna	Stafford 20	12 Mar 2006	03:10:33
V55			
Colin Earp	South Cheshire 20	21 May 2006	02:58:40
Colin Earp	Stafford 20	12 Mar 2006	03:14:13
Marathon			
Senior Men			
John Swinnerton	London Marathon	23 Apr 2006	04:47:37
V40			
Mike Hatton	London Marathon	23 Apr 2006	02:42:05
David Jones	London Marathon	23 Apr 2006	02:56:21
Robert Bonson	Wolverhampton Marathon	03 Sep 2006	03:32:58
V50			
David McGrath	London Marathon	23 Apr 2006	03:19:46
Melvyn Cole	London Marathon	23 Apr 2006	03:43:41
Martin Stirna	Wolverhampton Marathon	03 Sep 2006	04:34:19
V55			
Colin Earp	Wolverhampton Marathon	03 Sep 2006	04:24:23