

South Cheshire Harriers
Men's Best Times : 2005

Name	Event	Date	Time
4 Miles			
Senior Men			
Robert Bonson	Cheadle 4	17 Jul 2005	00:27:50
V40			
Mike Hatton	Cheadle 4	17 Jul 2005	00:23:33
Simon Walker	Cheadle 4	17 Jul 2005	00:29:11
V45			
Michael Cutler	Cheadle 4	17 Jul 2005	00:28:09
V50			
Martin Stirna	Cheadle 4	17 Jul 2005	00:30:56
V55			
Colin Earp	Cheadle 4	17 Jul 2005	00:30:08
V60 (+)			
David Griffiths	Cheadle 4	17 Jul 2005	00:34:24
5 Miles			
Senior Men			
Peter Mallison	Alsager 5	06 Feb 2005	00:26:58
Peter Mallison	Westbridge 5	05 Jun 2005	00:27:50
Peter Mallison	Ipstones 5	10 Sep 2005	00:31:29
Robert Jones	Alsager 5	06 Feb 2005	00:31:47
Jason Dix	Alsager 5	06 Feb 2005	00:33:54
V40			
David Jones	Alsager 5	06 Feb 2005	00:28:05
Mike Hatton	Alsager 5	06 Feb 2005	00:28:18
Mike Hatton	Westbridge 5	05 Jun 2005	00:28:30
Mike Hatton	Ipstones 5	10 Sep 2005	00:30:07
Simon Walker	Alsager 5	06 Feb 2005	00:36:18
V45			
Michael Cutler	Alsager 5	06 Feb 2005	00:33:33
Paul Brownbill	Alsager 5	06 Feb 2005	00:33:40
Kevin Jones	Alsager 5	06 Feb 2005	00:33:59
Michael Cutler	Chester Spring 5	05 Apr 2005	00:35:15
David McGrath	Alsager 5	06 Feb 2005	00:35:33
V50			
Martin Stirna	Alsager 5	06 Feb 2005	00:35:55
Martin Stirna	Ipstones 5	10 Sep 2005	00:40:27
V55			
Colin Earp	Westbridge 5	05 Jun 2005	00:35:37
Colin Wynne	Westbridge 5	05 Jun 2005	00:37:16
Colin Earp	Alsager 5	06 Feb 2005	00:37:47
Colin Earp	Ipstones 5	10 Sep 2005	00:41:01
Colin Wynne	Ipstones 5	10 Sep 2005	00:43:15
V60 (+)			
David Griffiths	Westbridge 5	05 Jun 2005	00:38:18
David Griffiths	Alsager 5	06 Feb 2005	00:42:31
10K			
Senior Men			
Peter Mallison	Clayton 10K	04 May 2005	00:37:01
Robert Bonson	Sutton 6	25 Sep 2005	00:41:30
Charles Rowlands	Birchwood 10K	21 Aug 2005	00:44:04
Robert Cummings	Berryhill Fields 10K	02 Aug 2005	00:45:12
John Swinnerton	Berryhill Fields 10K	02 Aug 2005	00:45:12
V40			
David Jones	Clayton 10K	04 May 2005	00:35:32
Mike Hatton	Clayton 10K	04 May 2005	00:35:45
Mike Hatton	Berryhill Fields 10K	02 Aug 2005	00:36:53
Simon Walker	Berryhill Fields 10K	02 Aug 2005	00:46:50
V45			
David McGrath	Berryhill Fields 10K	02 Aug 2005	00:42:02
Michael Cutler	Clayton 10K	04 May 2005	00:44:42
Michael Cutler	Berryhill Fields 10K	02 Aug 2005	00:45:42
V50			
Martin Stirna	Birchwood 10K	21 Aug 2005	00:47:00
Martin Stirna	Clayton 10K	04 May 2005	00:47:02
Martin Stirna	Berryhill Fields 10K	02 Aug 2005	00:47:50
V55			
Colin Earp	Clayton 10K	04 May 2005	00:47:21
Colin Earp	Berryhill Fields 10K	02 Aug 2005	00:48:47
7 Miles			
Senior Men			
Jason Dix	Newcastle 7	03 Apr 2005	00:49:55
Robert Cummings	Newcastle 7	03 Apr 2005	00:51:15
V40			
David Jones	Newcastle 7	03 Apr 2005	00:40:04
Mike Hatton	Newcastle 7	03 Apr 2005	00:41:16
V45			
Michael Cutler	Newcastle 7	03 Apr 2005	00:50:09
V50			
Martin Stirna	Newcastle 7	03 Apr 2005	00:52:05
V55			
Colin Earp	Newcastle 7	03 Apr 2005	00:53:31
Colin Wynne	Newcastle 7	03 Apr 2005	00:54:20
V60 (+)			
David Griffiths	Newcastle 7	03 Apr 2005	00:59:21
10 Miles			
Senior Men			
Robert Bonson	Llandudno 10	13 Nov 2005	01:05:41
Robert Bonson	Trentham 10	24 Jul 2005	01:11:03
John Swinnerton	Trentham 10	24 Jul 2005	01:13:58
Robert Cummings	Trentham 10	24 Jul 2005	01:14:00
V40			
Mike Hatton	Llandudno 10	13 Nov 2005	00:56:46
Mike Hatton	Flying Fox 10	06 Nov 2005	00:59:41
Mike Hatton	Trentham 10	24 Jul 2005	01:00:15
Stephen Dawson	Llandudno 10	13 Nov 2005	01:05:49
Simon Walker	Llandudno 10	13 Nov 2005	01:13:20
V45			
David McGrath	Llandudno 10	13 Nov 2005	01:04:58
Michael Cutler	Llandudno 10	13 Nov 2005	01:09:02
David McGrath	Trentham 10	24 Jul 2005	01:09:23
Paul Brownbill	Llandudno 10	13 Nov 2005	01:09:58
Michael Cutler	Trentham 10	24 Jul 2005	01:16:15
V50			
Martin Stirna	Llandudno 10	13 Nov 2005	01:15:24
Martin Stirna	Trentham 10	24 Jul 2005	01:17:50
Martin Stirna	Flying Fox 10	06 Nov 2005	01:19:51
V55			
Colin Earp	Llandudno 10	13 Nov 2005	01:15:34
Colin Earp	Trentham 10	24 Jul 2005	01:18:41
Colin Earp	Flying Fox 10	06 Nov 2005	01:20:58
Colin Wynne	Trentham 10	24 Jul 2005	01:21:35
Half Marathon			
Senior Men			
Peter Mallison	Stafford Half Marathon	20 Mar 2005	01:15:42
Colin Simpson	Potter's 'Arf	12 Jun 2005	01:30:39
Robert Bonson	Potter's 'Arf	12 Jun 2005	01:35:52
Jason Dix	4 Villages Half Marathon	23 Jan 2005	01:36:44
Robert Cummings	4 Villages Half Marathon	23 Jan 2005	01:37:10
V40			
Mike Hatton	Stafford Half Marathon	20 Mar 2005	01:17:26
Mike Hatton	4 Villages Half Marathon	23 Jan 2005	01:18:35
Mike Hatton	Uttoxeter Half Marathon	22 May 2005	01:19:25
Mike Hatton	Potter's 'Arf	12 Jun 2005	01:20:23
David Jones	Uttoxeter Half Marathon	22 May 2005	01:24:00
V45			
David McGrath	Potter's 'Arf	12 Jun 2005	01:33:53
Paul Brownbill	4 Villages Half Marathon	23 Jan 2005	01:34:18
Paul Brownbill	Potter's 'Arf	12 Jun 2005	01:35:35
Michael Cutler	4 Villages Half Marathon	23 Jan 2005	01:39:40
Michael Cutler	Stafford Half Marathon	20 Mar 2005	01:41:33
V50			
Martin Stirna	4 Villages Half Marathon	23 Jan 2005	01:38:47
Martin Stirna	Congleton Half Marathon	09 Oct 2005	01:43:45
Martin Stirna	Stafford Half Marathon	20 Mar 2005	01:44:04
Martin Stirna	Potter's 'Arf	12 Jun 2005	01:56:25
V55			
Colin Earp	Congleton Half Marathon	09 Oct 2005	01:46:47
Colin Wynne	Potter's 'Arf	12 Jun 2005	01:46:52
Colin Earp	Uttoxeter Half Marathon	22 May 2005	01:47:00
Colin Wynne	Uttoxeter Half Marathon	22 May 2005	01:48:09
Colin Earp	Stafford Half Marathon	20 Mar 2005	01:49:04
Marathon			
V50			
Martin Stirna	Wolverhampton Marathon	04 Sep 2005	04:07:44