

South Cheshire Harriers
Ladies' Best Times : 2017

Name	Event	Date	Time
5K			
Senior Women			
Amy Grace	Queens Park 5K (Race 2)	25 Jul 2017	00:19:53
Amy Grace	Queens Park 5K (Race 1)	27 Jun 2017	00:20:17
Rebecca Howlett	Mid-Cheshire 5K	28 Apr 2017	00:24:08
Sadie Sumner	Queens Park 5K (Race 2)	25 Jul 2017	00:24:10
Sadie Sumner	Queens Park 5K (Race 1)	27 Jun 2017	00:24:13
FV35			
Charlotte Logie	Queens Park 5K (Race 1)	27 Jun 2017	00:21:22
Lana Davidson	Mid-Cheshire 5K	28 Apr 2017	00:22:27
Lana Davidson	Queens Park 5K (Race 1)	27 Jun 2017	00:22:42
Rachel Jones	Mid-Cheshire 5K	28 Apr 2017	00:23:57
FV40			
Claire Harrison	Queens Park 5K (Race 1)	27 Jun 2017	00:22:43
Cathy Atherton	Queens Park 5K (Race 1)	27 Jun 2017	00:23:21
Melanie Culleton-Wright	Queens Park 5K (Race 2)	25 Jul 2017	00:24:03
Liz Preston	Queens Park 5K (Race 1)	27 Jun 2017	00:24:58
Liz Preston	Mid-Cheshire 5K	28 Apr 2017	00:25:08
FV45			
Joanne Share	Mid-Cheshire 5K	28 Apr 2017	00:22:33
Diana Cooke	Queens Park 5K (Race 1)	27 Jun 2017	00:27:17
Diana Cooke	Queens Park 5K (Race 2)	25 Jul 2017	00:27:23
Caroline Wrench	Queens Park 5K (Race 2)	25 Jul 2017	00:29:39
Betina Glover	Queens Park 5K (Race 2)	25 Jul 2017	00:31:56
FV50			
Susan Poole	Queens Park 5K (Race 1)	27 Jun 2017	00:22:22
Jane Burchell	Mid-Cheshire 5K	28 Apr 2017	00:24:23
Jane Burchell	Queens Park 5K (Race 1)	27 Jun 2017	00:25:03
Karen Kelsall	Queens Park 5K (Race 1)	27 Jun 2017	00:27:50
Karen Kelsall	Queens Park 5K (Race 2)	25 Jul 2017	00:28:10
FV55			
Debbie Clements	Mid-Cheshire 5K	28 Apr 2017	00:26:29
Debbie Clements	Queens Park 5K (Race 1)	27 Jun 2017	00:27:50
Annette McKeith	Queens Park 5K (Race 1)	27 Jun 2017	00:36:37
FV60 (+)			
Rosemary Cooke	Queens Park 5K (Race 1)	27 Jun 2017	00:36:05
Rosemary Cooke	Queens Park 5K (Race 2)	25 Jul 2017	00:37:33
4 Miles			
Senior Women			
Sadie Sumner	Cheadle 4	09 Jul 2017	00:33:06
Rebecca Howlett	Cheadle 4	09 Jul 2017	00:34:27
Leann Banks	Cheadle 4	09 Jul 2017	00:37:34
FV35			
Lana Davidson	Cheadle 4	09 Jul 2017	00:31:33
Rachel Jones	Cheadle 4	09 Jul 2017	00:33:15
FV40			
Cathy Atherton	Cheadle 4	09 Jul 2017	00:31:42
Claire Harrison	Cheadle 4	09 Jul 2017	00:32:03
Liz Preston	Cheadle 4	09 Jul 2017	00:34:09
FV45			
Sam Brookes	Cheadle 4	09 Jul 2017	00:33:39
FV50			
Jane Burchell	Cheadle 4	09 Jul 2017	00:35:27
5 Miles			
Senior Women			
Katie Latham	Alsager 5	05 Feb 2017	00:31:13
Amy Grace	Pie and Peas	02 Aug 2017	00:35:43
Sadie Sumner	Alsager 5	05 Feb 2017	00:36:51
Marie Atkinson	Alsager 5	05 Feb 2017	00:37:12
Rebecca Howlett	Alsager 5	05 Feb 2017	00:37:20
FV35			
Charlotte Logie	Chester Spring 5	12 Apr 2017	00:35:19
Lana Davidson	Pie and Peas	02 Aug 2017	00:38:37
Lana Davidson	Chester Spring 5	12 Apr 2017	00:39:10
Rachel Jones	Chester Spring 5	12 Apr 2017	00:39:12
Rachel Jones	Alsager 5	05 Feb 2017	00:40:23
FV40			
Claire Harrison	Alsager 5	05 Feb 2017	00:36:41
Melanie Culleton-Wright	Alsager 5	05 Feb 2017	00:38:41
Cathy Atherton	Alsager 5	05 Feb 2017	00:39:02
Claire Harrison	Ipstones 5	09 Sep 2017	00:40:31
Cathy Atherton	Ipstones 5	09 Sep 2017	00:41:12
FV45			
Wendy Smith	Chester Spring 5	12 Apr 2017	00:41:17
Sam Brookes	Westbridge 5	04 Jun 2017	00:41:28
Wendy Smith	Alsager 5	05 Feb 2017	00:42:13
Jane Burchell	Alsager 5	05 Feb 2017	00:42:39
Sam Brookes	Ipstones 5	09 Sep 2017	00:42:56
FV50			
Susan Poole	Alsager 5	05 Feb 2017	00:36:09
Susan Poole	Chester Spring 5	12 Apr 2017	00:36:36
Susan Poole	Westbridge 5	04 Jun 2017	00:36:54
Phillipa Tyson	Alsager 5	05 Feb 2017	00:39:34
Jane Burchell	Ipstones 5	09 Sep 2017	00:44:08
FV55			
Debbie Clements	Chester Spring 5	12 Apr 2017	00:45:34
Debbie Clements	Alsager 5	05 Feb 2017	00:47:29
FV60 (+)			
Shelagh Swinnerton	Chester Spring 5	12 Apr 2017	00:46:26
10K			
Senior Women			
Kate Nicholas	Whitchurch 10K	09 Apr 2017	00:43:48
Amy Grace	Air Products 10K	16 Apr 2017	00:43:54
Sophie Willet	Farndon 10K	15 Oct 2017	00:47:59
Sophie Willet	Sandbach 10K	10 Sep 2017	00:49:51
Danielle Kenny	Sandbach 10K	10 Sep 2017	00:50:24
FV35			
Sarah Wilson	Whitchurch 10K	09 Apr 2017	00:43:06
Charlotte Logie	Stone St Michaels 10K	25 Jun 2017	00:44:20
Lana Davidson	Sandbach 10K	10 Sep 2017	00:46:01
Lana Davidson	Stone St Michaels 10K	25 Jun 2017	00:46:29
Rachel Jones	Air Products 10K	16 Apr 2017	00:49:25
FV40			
Claire Harrison	Air Products 10K	16 Apr 2017	00:46:22
Cathy Atherton	Air Products 10K	16 Apr 2017	00:47:15
Louise Gordon	Newcastle 10K	09 Apr 2017	00:47:58
Claire Harrison	Alderley Bypass 10K	02 Jul 2017	00:47:59
Claire Harrison	Stone St Michaels 10K	25 Jun 2017	00:48:10
FV45			
Sam Brookes	Stone St Michaels 10K	25 Jun 2017	00:50:43
Sam Brookes	Clayton 10K	10 May 2017	00:52:35
Wendy Smith	Farndon 10K	15 Oct 2017	00:54:05
Sam Brookes	Trentham 10K	06 Aug 2017	00:54:20
Jane Burchell	Newcastle 10K	09 Apr 2017	00:54:49
FV50			
Susan Poole	Alderley Bypass 10K	02 Jul 2017	00:45:26
Susan Poole	Farndon 10K	15 Oct 2017	00:46:00
Susan Poole	Clayton 10K	10 May 2017	00:47:01
Suzanne Harrison	Alderley Bypass 10K	02 Jul 2017	00:48:19
Diane Mason	Air Products 10K	16 Apr 2017	00:50:57
FV55			
Debbie Clements	Sandbach 10K	10 Sep 2017	01:04:10
FV60 (+)			
Shelagh Swinnerton	Air Products 10K	16 Apr 2017	00:56:25
Shelagh Swinnerton	Sutton 6	17 Sep 2017	00:56:37
Shelagh Swinnerton	Alderley Bypass 10K	02 Jul 2017	00:57:10
Shelagh Swinnerton	Stone St Michaels 10K	25 Jun 2017	00:57:30
Shelagh Swinnerton	Farndon 10K	15 Oct 2017	00:57:40
10 Miles			
Senior Women			
Sadie Sumner	Flying Fox 10	05 Nov 2017	01:24:10
Leann Banks	Flying Fox 10	05 Nov 2017	01:30:09
FV35			
Rachel Jones	Flying Fox 10	05 Nov 2017	01:24:55
FV40			
Cathy Atherton	Flying Fox 10	05 Nov 2017	01:20:34
Claire Harrison	Flying Fox 10	05 Nov 2017	01:22:38
Liz Preston	Flying Fox 10	05 Nov 2017	01:30:07
Adete Tabbiner	Flying Fox 10	05 Nov 2017	02:05:34
Beverley Wynne	Flying Fox 10	05 Nov 2017	02:05:34
FV50			
Jane Burchell	Flying Fox 10	05 Nov 2017	01:31:44
Half Marathon			
Senior Women			
Amy Grace	Village Bakeries Half Marathon	19 Feb 2017	01:32:10
Kate Nicholas	Congleton Half Marathon	01 Oct 2017	01:35:29
Amy Grace	Conwy Half Marathon	19 Nov 2017	01:36:50
Kate Nicholas	Conwy Half Marathon	19 Nov 2017	01:38:06
Rebecca Howlett	Village Bakeries Half Marathon	19 Feb 2017	01:42:26
FV35			
Lana Davidson	Conwy Half Marathon	19 Nov 2017	01:41:50
Charlotte Logie	Village Bakeries Half Marathon	19 Feb 2017	01:43:14
Lana Davidson	Congleton Half Marathon	01 Oct 2017	01:44:00
Lana Davidson	Chester Half Marathon	21 May 2017	01:44:31
Lana Davidson	Potters Arf	11 Jun 2017	01:47:09
FV40			
Claire Harrison	Village Bakeries Half Marathon	19 Feb 2017	01:40:57
Claire Harrison	4 Villages Half Marathon	15 Jan 2017	01:44:23
Claire Harrison	Chester Half Marathon	21 May 2017	01:45:31
Melanie Culleton-Wright	Congleton Half Marathon	01 Oct 2017	01:47:22
Cathy Atherton	Village Bakeries Half Marathon	19 Feb 2017	01:48:08
FV45			
Melanie Culleton-Wright	Conwy Half Marathon	19 Nov 2017	01:46:35
Joanne Share	Congleton Half Marathon	01 Oct 2017	01:52:13
Sam Brookes	Congleton Half Marathon	01 Oct 2017	01:56:23
Sam Brookes	Potters Arf	11 Jun 2017	02:04:31
Sam Brookes	Uttoxeter Half Marathon	30 Apr 2017	02:07:44
FV50			
Susan Poole	Village Bakeries Half Marathon	19 Feb 2017	01:39:30
Susan Poole	Ironbridge Half Marathon	12 Mar 2017	01:41:55
Susan Poole	Congleton Half Marathon	01 Oct 2017	01:42:48
Susan Poole	4 Villages Half Marathon	15 Jan 2017	01:43:38
Phillipa Tyson	Conwy Half Marathon	19 Nov 2017	01:46:10
FV55			
Yvonne McGregor	Uttoxeter Half Marathon	30 Apr 2017	01:49:13
Debbie Clements	Chester Half Marathon	21 May 2017	02:08:06
Gill Clark	Chester Half Marathon	21 May 2017	02:45:00
FV60 (+)			
Shelagh Swinnerton	Chester Half Marathon	21 May 2017	02:05:23
20 Miles			
Senior Women			
Kate Nicholas	Wrexham Marathon Festival 20	12 Mar 2017	02:35:38
Kate Nicholas	Rhayader Round the Lakes 20	05 Mar 2017	02:43:35
Rebecca Howlett	Knighton 20	12 Mar 2017	02:46:17
Danielle Kenny	Knighton 20	12 Mar 2017	03:10:24
FV35			
Charlotte Logie	Knighton 20	12 Mar 2017	02:47:20
Amanda Kimber	Knighton 20	12 Mar 2017	03:29:11
FV40			
Claire Harrison	Knighton 20	12 Mar 2017	02:49:56
Cathy Atherton	Knighton 20	12 Mar 2017	02:56:31
FV50			
Angela Moulton	Knighton 20	12 Mar 2017	03:02:18
Diane Mason	Knighton 20	12 Mar 2017	03:03:16
Marathon			
Senior Women			
Kate Nicholas	London Marathon	23 Apr 2017	03:21:52
Kate Nicholas	Manchester Marathon	02 Apr 2017	03:30:57
Amy Grace	London Marathon	23 Apr 2017	03:44:56
Rebecca Howlett	London Marathon	23 Apr 2017	03:57:08
Danielle Kenny	London Marathon	23 Apr 2017	04:08:18
FV35			
Sarah Wilson	London Marathon	23 Apr 2017	03:31:21
Charlotte Logie	London Marathon	23 Apr 2017	03:31:54
Marie Atkinson	London Marathon	23 Apr 2017	03:43:08
Rebecca Williams	London Marathon	23 Apr 2017	04:05:38
FV40			
Louise Gordon	London Marathon	23 Apr 2017	03:39:41
Rachel Degg	London Marathon	23 Apr 2017	03:44:22
Cathy Atherton	London Marathon	23 Apr 2017	03:45:52
Claire Harrison	London Marathon	23 Apr 2017	03:57:18
Rebecca Coote	London Marathon	23 Apr 2017	04:25:59
FV50			
Susan Poole	London Marathon	23 Apr 2017	03:48:09
Phillipa Tyson	London Marathon	23 Apr 2017	03:51:16
Angela Moulton	Manchester Marathon	02 Apr 2017	03:54:07
Diane Mason	London Marathon	23 Apr 2017	03:59:31
Suzanne Harrison	London Marathon	23 Apr 2017	04:03:08
FV55			
Gill Gibbons	London Marathon	23 Apr 2017	04:04:51