

South Cheshire Harriers
Ladies' Best Times : 2015

Name	Event	Date	Time
5K			
Senior Women			
Katie Latham	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:19:29
Marie Atkinson	Bowden 5K	04 Jun 2015	00:21:48
Marie Atkinson	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:22:00
Danielle Kenry	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:24:50
Tara Crisp	Christleton 5K	15 May 2015	00:24:58
FV35			
Rebecca Williams	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:21:45
Rebecca Williams	Bowden 5K	04 Jun 2015	00:22:00
Charlotte Logie	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:22:15
Rebecca Williams	South Cheshire 5K (Race 1)	30 Jun 2015	00:22:32
Cathy Atherton	Christleton 5K	15 May 2015	00:22:59
FV40			
Claire Harrison	South Cheshire 5K (Race 3)	25 Aug 2015	00:23:22
Helen Kettle	Christleton 5K	15 May 2015	00:27:54
Helen Kettle	South Cheshire 5K (Race 3)	25 Aug 2015	00:28:12
Kim Knowles	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:28:13
Helen Kettle	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:28:44
FV45			
Susan Poole	Bowden 5K	04 Jun 2015	00:21:54
Susan Poole	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:22:14
Helen Bettleley	Christleton 5K	15 May 2015	00:25:13
Helen Bettleley	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:25:39
Joanne Darlington	South Cheshire 5K (Race 3)	25 Aug 2015	00:25:49
FV50			
Christine Green	South Cheshire 5K (Race 1)	30 Jun 2015	00:29:51
Christine Green	South Cheshire 5K (Race 3)	25 Aug 2015	00:30:05
Christine Green	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:30:24
Tina Denny	South Cheshire 5K (Race 3)	25 Aug 2015	00:30:30
Tina Denny	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:31:01
FV55			
Karen Pierpoint	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:26:45
Marie Beaumont	South Cheshire 5K (Race 3)	25 Aug 2015	00:38:55
Marie Beaumont	Queens Park Quacker 5K (Race 2)	28 Jul 2015	00:39:59
Marie Beaumont	South Cheshire 5K (Race 1)	30 Jun 2015	00:40:49
FV60 (+)			
Shelagh Swinnerton	Bowden 5K	04 Jun 2015	00:28:19
4 Miles			
Senior Women			
Lindsay Morris	Cheadle 4	12 Jul 2015	00:35:44
Cheyl Percival	Cheadle 4	12 Jul 2015	00:38:59
FV35			
Sarah Wilson	Cheadle 4	12 Jul 2015	00:27:48
Natalie Bailey	Cheadle 4	12 Jul 2015	00:35:48
FV40			
Cathy Atherton	Cheadle 4	12 Jul 2015	00:32:51
Helen Kettle	Cheadle 4	12 Jul 2015	00:40:26
Adele Tabbiner	Cheadle 4	12 Jul 2015	00:42:27
FV45			
Jane Burchell	Cheadle 4	12 Jul 2015	00:36:33
FV50			
Tracey Brown	Cheadle 4	12 Jul 2015	00:29:54
FV55			
Gill Gibbons	Cheadle 4	12 Jul 2015	00:31:48
5 Miles			
Junior Women			
Annie Huntbach	Alsager 5	01 Feb 2015	00:40:25
Senior Women			
Katie Latham	Chester Spring 5	15 Apr 2015	00:31:55
Amy Durrant	Alsager 5	01 Feb 2015	00:32:26
Marie Atkinson	Alsager 5	01 Feb 2015	00:36:14
Amanda Kimber	Alsager 5	01 Feb 2015	00:38:03
Danielle Kenry	Alsager 5	01 Feb 2015	00:40:13
FV35			
Sarah Wilson	Alsager 5	01 Feb 2015	00:33:02
Claire Harrison	Alsager 5	01 Feb 2015	00:38:31
Cathy Atherton	Alsager 5	01 Feb 2015	00:38:41
Natalie Bailey	Staffs Knot 5	29 Jul 2015	00:42:58
Natalie Bailey	Alsager 5	01 Feb 2015	00:44:18
FV40			
Louise Gordon	Alsager 5	01 Feb 2015	00:37:53
Diane Smith	Chester Spring 5	15 Apr 2015	00:39:37
Sam Brookes	Alsager 5	01 Feb 2015	00:40:15
Cathy Atherton	Staffs Knot 5	29 Jul 2015	00:41:00
Helen Kettle	Chester Spring 5	15 Apr 2015	00:47:32
FV45			
Helen Bettleley	Alsager 5	01 Feb 2015	00:42:03
Nicola Jones	Alsager 5	01 Feb 2015	00:45:57
Emma Naden	Staffs Knot 5	29 Jul 2015	00:46:28
Emma Naden	Westbridge 5	07 Jun 2015	00:46:55
Dawn Murfin	Chester Spring 5	15 Apr 2015	00:51:17
FV50			
Tracey Brown	Westbridge 5	07 Jun 2015	00:36:36
Tracey Brown	Staffs Knot 5	29 Jul 2015	00:37:21
Yvonne McGregor	Alsager 5	01 Feb 2015	00:37:31
Tracey Brown	Alsager 5	01 Feb 2015	00:37:35
Diane Mason	Westbridge 5	07 Jun 2015	00:43:27
FV55			
Lesley Cole	Chester Spring 5	15 Apr 2015	00:43:28
Karen Pierpoint	Chester Spring 5	15 Apr 2015	00:44:48
Karen Pierpoint	Alsager 5	01 Feb 2015	00:45:28
FV60 (+)			
Shelagh Swinnerton	Alsager 5	01 Feb 2015	00:46:38
10K			
Senior Women			
Katie Latham	Air Products 10K	05 Apr 2015	00:40:27
Katie Latham	Sutton 6	20 Sep 2015	00:40:32
Katie Latham	Sport in the Port	21 Jun 2015	00:40:45
Katie Latham	Market Drayton 10K	10 May 2015	00:40:49
Amy Durrant	Sutton 6	20 Sep 2015	00:44:28
FV35			
Sarah Wilson	Sutton 6	20 Sep 2015	00:41:38
Sarah Wilson	Stone St Michaels 10K	21 Jun 2015	00:42:38
Sarah Wilson	Market Drayton 10K	10 May 2015	00:42:55
Sarah Wilson	Newcastle 10K	29 Mar 2015	00:44:03
Sarah Wilson	Clayton 10K	13 May 2015	00:44:07
FV40			
Georgia Bevan	Air Products 10K	05 Apr 2015	00:41:51
Georgia Bevan	Cheshire 10K	18 Apr 2015	00:42:07
Georgia Bevan	Sport in the Port	21 Jun 2015	00:43:14
Louise Gordon	Newcastle 10K	29 Mar 2015	00:44:57
Louise Gordon	Air Products 10K	05 Apr 2015	00:45:56
FV45			
Susan Poole	Sport in the Port	21 Jun 2015	00:44:45
Susan Poole	Air Products 10K	05 Apr 2015	00:45:54
Susan Poole	Sutton 6	20 Sep 2015	00:46:34
Susan Poole	Clayton 10K	13 May 2015	00:47:50
Helen Bettleley	Sport in the Port	21 Jun 2015	00:51:59
FV50			
Tracey Brown	Air Products 10K	05 Apr 2015	00:45:14
Tracey Brown	Newcastle 10K	29 Mar 2015	00:46:57
Diane Mason	Air Products 10K	05 Apr 2015	00:52:34
Diane Mason	Clayton 10K	13 May 2015	00:53:01
Diane Mason	Werrington 10K	18 Oct 2015	00:53:54
FV55			
Gill Gibbons	Sport in the Port	21 Jun 2015	00:47:46
Gill Gibbons	Birchwood 10K	23 Aug 2015	00:52:02
Lesley Cole	Carrera Los Dolores 10K	25 Jan 2015	00:52:16
Lesley Cole	Air Products 10K	05 Apr 2015	00:53:24
Karen Pierpoint	Air Products 10K	05 Apr 2015	00:54:54
FV60 (+)			
Shelagh Swinnerton	Air Products 10K	05 Apr 2015	00:57:16
Shelagh Swinnerton	Market Drayton 10K	10 May 2015	00:57:52
7 Miles			
Senior Women			
Katie Latham	Langley 7	07 Nov 2015	00:47:56
Amanda Kimber	Langley 7	07 Nov 2015	00:58:23
Clare Allman	St Thomas 7	20 Sep 2015	01:05:51
Rebecca Howlett	Langley 7	07 Nov 2015	01:06:40
FV35			
Sarah Wilson	Langley 7	07 Nov 2015	00:51:26
FV40			
Claire Harrison	Langley 7	07 Nov 2015	00:57:08
Cathy Atherton	St Thomas 7	20 Sep 2015	00:58:11
Cathy Atherton	Langley 7	07 Nov 2015	00:59:48
Wendy Smith	Langley 7	07 Nov 2015	01:00:07
FV45			
Susan Poole	Langley 7	07 Nov 2015	00:56:34
Janet Swinbank	Langley 7	07 Nov 2015	01:06:09
Jane Burchell	Langley 7	07 Nov 2015	01:07:23
FV50			
Tracey Brown	St Thomas 7	20 Sep 2015	00:55:01
Phillipa Tyson	Langley 7	07 Nov 2015	01:01:24
Diane Mason	St Thomas 7	20 Sep 2015	01:04:15
10 Miles			
FV35			
Natalie Bailey	Flying Fox 10	01 Nov 2015	01:35:34
FV40			
Louise Gordon	Flying Fox 10	01 Nov 2015	01:15:30
Half Marathon			
Junior Women			
Annie Huntbach	Chester Half Marathon	17 May 2015	02:13:30
Senior Women			
Katie Latham	Congleton Half Marathon	04 Oct 2015	01:29:37
Katie Latham	Wilmslow Half Marathon	22 Mar 2015	01:31:17
Amy Durrant	Wilmslow Half Marathon	22 Mar 2015	01:33:18
Amy Durrant	Congleton Half Marathon	04 Oct 2015	01:41:13
Amanda Kimber	Chester Half Marathon	17 May 2015	01:48:02
FV35			
Sarah Wilson	Conwy Half Marathon	22 Nov 2015	01:33:46
Sarah Wilson	Congleton Half Marathon	04 Oct 2015	01:35:01
Sarah Wilson	Potters Arf	14 Jun 2015	01:42:05
Victoria Consterdine-Tilley	Anglesea Half Marathon	01 Mar 2015	01:47:31
Rebecca Williams	Conwy Half Marathon	22 Nov 2015	01:47:46
FV40			
Georgia Bevan	Chester Half Marathon	17 May 2015	01:33:50
Louise Gordon	Stafford Half Marathon	22 Mar 2015	01:35:39
Georgia Bevan	Congleton Half Marathon	04 Oct 2015	01:37:54
Louise Gordon	Conwy Half Marathon	22 Nov 2015	01:40:16
Cheryl Rees	Wilmslow Half Marathon	22 Mar 2015	01:40:20
FV45			
Susan Poole	Chester Half Marathon	17 May 2015	01:40:33
Susan Poole	Wilmslow Half Marathon	22 Mar 2015	01:42:29
Susan Poole	Congleton Half Marathon	04 Oct 2015	01:43:37
Susan Poole	Lisbon Half Marathon	18 Oct 2015	01:45:48
Sharon Jones	Wilmslow Half Marathon	22 Mar 2015	02:04:01
FV50			
Tracey Brown	Uttometer Half Marathon	03 May 2015	01:44:03
Suzanne Harrison	Chester Half Marathon	17 May 2015	01:47:31
Suzanne Harrison	Conwy Half Marathon	22 Nov 2015	01:50:05
Phillipa Tyson	Conwy Half Marathon	22 Nov 2015	01:50:13
Tracey Brown	Congleton Half Marathon	04 Oct 2015	01:50:55
FV60 (+)			
Shelagh Swinnerton	Chester Half Marathon	17 May 2015	02:05:28
Shelagh Swinnerton	Congleton Half Marathon	04 Oct 2015	02:09:27
20 Miles			
Senior Women			
Amanda Kimber	Stafford 20	08 Mar 2015	03:00:23
FV35			
Michelle Ollier	Stafford 20	08 Mar 2015	02:45:19
Helen Edwards	South Cheshire 20	06 Sep 2015	03:00:26
FV40			
Cathy Atherton	South Cheshire 20	06 Sep 2015	02:58:33
FV45			
Monique Hollinshead	South Cheshire 20	06 Sep 2015	02:45:18
Angela Moulton	Stafford 20	08 Mar 2015	03:08:22
Elizabeth Painter	South Cheshire 20	06 Sep 2015	03:25:39
Joanne Darlington	Stafford 20	08 Mar 2015	03:31:22
FV50			
Tracey Brown	Stafford 20	08 Mar 2015	02:39:57
Phillipa Tyson	New Forest Festival of Running 20 Mile Race	22 Mar 2015	03:05:47
Diane Mason	Stafford 20	08 Mar 2015	03:12:24
Phillipa Tyson	South Cheshire 20	06 Sep 2015	03:13:45
Diane Mason	South Cheshire 20	06 Sep 2015	03:23:28
Marathon			
Senior Women			
Katie Latham	London Marathon	26 Apr 2015	03:15:31
Amy Durrant	London Marathon	26 Apr 2015	03:24:14
Marie Atkinson	Greater Manchester Marathon	19 Apr 2015	03:31:56
Amanda Kimber	Blackpool Marathon	26 Apr 2015	03:59:40
FV35			
Rebecca Williams	Rock and Roll Liverpool Marathon	14 Jun 2015	03:33:06
Rebecca Williams	Greater Manchester Marathon	19 Apr 2015	03:44:50
Cathy Atherton	Greater Manchester Marathon	19 Apr 2015	03:46:32
Michelle Ollier	London Marathon	26 Apr 2015	03:50:11
Helen Edwards	Chester Marathon	04 Oct 2015	04:06:29
FV40			
Louise Gordon	Greater Manchester Marathon	19 Apr 2015	03:26:42
Victoria Consterdine-Tilley	London Marathon	26 Apr 2015	03:50:57
Claire Harrison	Rock and Roll Liverpool Marathon	14 Jun 2015	03:54:46
FV45			
Susan Poole	London Marathon	26 Apr 2015	03:38:10
Angela Moulton	Greater Manchester Marathon	19 Apr 2015	04:00:00
Joanne Darlington	Rock and Roll Liverpool Marathon	14 Jun 2015	04:48:21
Maddie Davidson	London Marathon	26 Apr 2015	05:29:12
FV50			
Suzanne Harrison	Chester Marathon	04 Oct 2015	03:58:26
Diane Mason	Greater Manchester Marathon	19 Apr 2015	04:02:22
Diane Mason	Chester Marathon	04 Oct 2015	04:25:36
FV55			
Gill Gibbons	Greater Manchester Marathon	19 Apr 2015	03:48:47