

South Cheshire Harriers
Ladies' Best Times : 2012

Name	Event	Date	Time
5K			
Senior Women			
Deborah Chesworth	Dunham Massey 5K	14 Jun 2012	00:20:45
Deborah Chesworth	Lymm 5K	23 Jun 2012	00:21:08
Deborah Chesworth	Hollins Green 5K	02 Jun 2012	00:21:15
Deborah Chesworth	Dunham Massey 5K	25 May 2012	00:21:22
Deborah Chesworth	Bowdon 5K	07 Jun 2012	00:21:39
FV35			
Diane Smith	Lymm 5K	23 Jun 2012	00:23:25
Diane Smith	Forest Park Ladies 5K	04 Jul 2012	00:23:26
Victoria Jones	Queen's Park Quacker - Race 3	31 Aug 2012	00:25:39
Victoria Jones	Queen's Park Quacker - Race 1	29 Jun 2012	00:26:48
Victoria Jones	Queen's Park Quacker - Race 2	27 Jul 2012	00:28:52
FV40			
Mandy Tibbott	Queen's Park Quacker - Race 2	27 Jul 2012	00:25:49
Janet Evans	Bowdon 5K	07 Jun 2012	00:27:19
Maddie Davidson	Hollins Green 5K	02 Jun 2012	00:28:10
Janet Evans	Hanley Park 5K	14 Jan 2012	00:28:32
Helen Betteley	Queen's Park Quacker - Race 3	31 Aug 2012	00:28:38
FV45			
Susan Poole	Hollins Green 5K	02 Jun 2012	00:22:10
Susan Poole	Bowdon 5K	07 Jun 2012	00:23:44
Susan Poole	Congleton Park 5K	29 Dec 2012	00:23:56
Sarah Dyde	Hollins Green 5K	02 Jun 2012	00:26:02
Sarah Dyde	Bowdon 5K	07 Jun 2012	00:26:22
FV50			
Gill Gibbons	Hollins Green 5K	02 Jun 2012	00:23:12
FV55			
Lesley Cole	Queen's Park Quacker - Race 3	31 Aug 2012	00:26:06
Lesley Cole	Hanley Park 5K	07 Jan 2012	00:26:07
Lesley Cole	Queen's Park Quacker - Race 2	27 Jul 2012	00:27:16
Lesley Cole	Dave Clark 5K	23 Aug 2012	00:27:48
Lesley Cole	Forest Park Ladies 5K	04 Jul 2012	00:29:06
4 Miles			
FV40			
Janet Evans	Cheadle 4	08 Jul 2012	00:37:48
FV45			
Sue Davies	Cheadle 4	08 Jul 2012	00:37:18
FV50			
Gill Gibbons	Cheadle 4	08 Jul 2012	00:31:14
5 Miles			
Senior Women			
Deborah Chesworth	Westbridge 5	02 Jun 2012	00:35:07
Deborah Chesworth	Chester Spring 5	04 Apr 2012	00:36:50
Frances McMullin	Chester Spring 5	04 Apr 2012	00:37:39
Frances McMullin	Alsager 5	05 Feb 2012	00:38:36
Rachel Bexon	Alsager 5	05 Feb 2012	00:46:22
FV35			
Ruth Pryce	Chester Spring 5	04 Apr 2012	00:34:15
Diane Smith	Chester Spring 5	04 Apr 2012	00:37:40
Victoria Consterdine-Tilley	Alsager 5	05 Feb 2012	00:38:41
Mandy Tibbott	Westbridge 5	02 Jun 2012	00:42:46
Mandy Tibbott	Cheadle 5	04 Mar 2012	00:45:03
FV40			
Rebecca Marshall	Chester Spring 5	04 Apr 2012	00:34:27
Janet Evans	Westbridge 5	02 Jun 2012	00:43:53
Janet Evans	Chester Spring 5	04 Apr 2012	00:44:39
Janet Evans	Cheadle 5	04 Mar 2012	00:45:46
Ruth Hadfield	Alsager 5	05 Feb 2012	00:45:49
FV45			
Susan Poole	Chester Spring 5	04 Apr 2012	00:39:18
Sarah Dyde	Chester Spring 5	04 Apr 2012	00:42:36
Janette Jones	Chester Spring 5	04 Apr 2012	00:43:49
Lorna Fewtrell	Chester Spring 5	04 Apr 2012	00:44:11
Sue Davies	Westbridge 5	02 Jun 2012	00:44:24
FV55			
Lesley Cole	Chester Spring 5	04 Apr 2012	00:40:59
Lesley Cole	Alsager 5	05 Feb 2012	00:42:56
Lesley Cole	Staffs Knot 5	08 Aug 2012	00:44:50
FV60 (+)			
Shelagh Swinnerton	Chester Spring 5	04 Apr 2012	00:44:23
Shelagh Swinnerton	Alsager 5	05 Feb 2012	00:45:11
Shelagh Swinnerton	Staffs Knot 5	08 Aug 2012	00:46:37
10K			
Senior Women			
Rebecca Brand	Clayton 10K	16 May 2012	00:39:56
Deborah Chesworth	Stone St Michaels 10K	24 Jun 2012	00:44:07
Deborah Chesworth	Market Drayton 10K	13 May 2012	00:44:30
Deborah Chesworth	Clayton 10K	16 May 2012	00:44:52
Amy Durrant	Worden Park Boxing Day 10K	26 Dec 2012	00:46:11
FV35			
Diane Smith	Clayton 10K	16 May 2012	00:48:06
Diane Smith	Market Drayton 10K	13 May 2012	00:48:11
Diane Smith	Birchwood 10K	19 Aug 2012	00:48:56
Helen Edwards	Air Products 10K	08 Apr 2012	00:50:03
Mandy Tibbott	Air Products 10K	08 Apr 2012	00:54:31
FV40			
Rebecca Marshall	Telford 10K	16 Dec 2012	00:41:26
Rebecca Marshall	Cheddleton Xmas Pudding Race	24 Nov 2012	00:43:31
Janet Evans	Clayton 10K	16 May 2012	00:56:00
Janet Evans	Port Sunlight 10K	12 May 2012	00:56:44
Janet Evans	Telford 10K	16 Dec 2012	01:00:00
FV45			
Susan Poole	Birchwood 10K	19 Aug 2012	00:46:40
Susan Poole	Stone St Michaels 10K	24 Jun 2012	00:48:04
Susan Poole	Telford 10K	16 Dec 2012	00:48:04
Susan Poole	Whitley 10K	15 Apr 2012	00:48:07
Suzanne Harrison	Air Products 10K	08 Apr 2012	00:51:59
FV50			
Gill Gibbons	Sutton 6	16 Sep 2012	00:47:47
Gill Gibbons	Market Drayton 10K	13 May 2012	00:48:10
Gill Gibbons	Birchwood 10K	19 Aug 2012	00:48:18
Gill Gibbons	Telford 10K	16 Dec 2012	00:48:41
Gill Gibbons	Stone St Michaels 10K	24 Jun 2012	00:48:55
FV55			
Lesley Cole	Air Products 10K	08 Apr 2012	00:49:31
Lesley Cole	Birchwood 10K	19 Aug 2012	00:54:10
Lesley Cole	Sandbach Striders 10K	14 Oct 2012	00:54:58
Lesley Cole	Cheddleton Xmas Pudding Race	24 Nov 2012	00:55:08
Lesley Cole	Stone St Michaels 10K	24 Jun 2012	00:56:48
FV60 (+)			
Shelagh Swinnerton	Market Drayton 10K	13 May 2012	00:54:24
Shelagh Swinnerton	Clayton 10K	16 May 2012	00:55:10
Shelagh Swinnerton	Birchwood 10K	19 Aug 2012	00:55:43
Shelagh Swinnerton	Sutton 6	16 Sep 2012	00:55:49
7 Miles			
FV55			
Lesley Cole	St Thomas 7	16 Sep 2012	01:03:08
10 Miles			
Senior Women			
Deborah Chesworth	Great Warford 10	29 Jul 2012	01:14:46
Deborah Chesworth	Trentham 10	15 Jul 2012	01:15:21
Michelle Ollier	Great Warford 10	29 Jul 2012	01:18:59
Cheryl Percival	Llandudno 10	17 Jun 2012	01:28:49
Cheryl Percival	Great Warford 10	29 Jul 2012	01:29:27
FV40			
Rebecca Marshall	Flying Fox 10	04 Nov 2012	01:11:43
Amanda Tibbott	Great Warford 10	29 Jul 2012	01:29:45
Janet Evans	Trentham 10	15 Jul 2012	01:38:00
Janet Evans	Flying Fox 10	04 Nov 2012	01:48:41
FV45			
Susan Poole	Great Warford 10	29 Jul 2012	01:18:52
Susan Poole	Police Sport UK 10 Mile	26 Sep 2012	01:19:59
Jill Edge	Llandudno 10	17 Jun 2012	01:30:13
Sue Davies	Trentham 10	15 Jul 2012	01:37:20
FV50			
Janette Jones	Flying Fox 10	04 Nov 2012	01:48:41
FV55			
Lesley Cole	Flying Fox 10	04 Nov 2012	01:28:56
Half Marathon			
Senior Women			
Deborah Chesworth	Potter's 'Arf	10 Jun 2012	01:43:24
Amy Durrant	Congleton Half Marathon	07 Oct 2012	01:45:03
Deborah Chesworth	Wilmslow Half Marathon	25 Mar 2012	01:45:07
Michelle Ollier	Potter's 'Arf	10 Jun 2012	01:49:17
Deborah Chesworth	Macclesfield Half Marathon	30 Sep 2012	01:49:43
FV35			
Diane Smith	Wilmslow Half Marathon	25 Mar 2012	01:48:07
Diane Smith	Macclesfield Half Marathon	30 Sep 2012	01:48:57
Louise Gordon	Chester Half Marathon	13 May 2012	01:52:37
Amanda Tibbott	Chester Half Marathon	13 May 2012	01:59:57
Laura Chambers	Macclesfield Half Marathon	30 Sep 2012	02:07:34
FV40			
Rebecca Marshall	Macclesfield Half Marathon	30 Sep 2012	01:36:34
Rebecca Marshall	Wilmslow Half Marathon	25 Mar 2012	01:36:55
Monique Hollinshead	Macclesfield Half Marathon	30 Sep 2012	01:49:11
Mandy Tibbott	Blackpool Hilton Half Marathon	02 Sep 2012	01:56:46
Joanne Darlington	Macclesfield Half Marathon	30 Sep 2012	02:02:54
FV45			
Susan Poole	Chester Half Marathon	13 May 2012	01:43:41
Susan Poole	English Half Marathon	09 Sep 2012	01:43:53
Susan Poole	Wilmslow Half Marathon	25 Mar 2012	01:47:08
Sue Davies	Congleton Half Marathon	07 Oct 2012	02:00:44
Janette Jones	Stafford Half Marathon	25 Mar 2012	02:02:35
FV55			
Lesley Cole	Village Bakers Half Marathon	19 Feb 2012	01:52:31
Lesley Cole	4 Villages Half Marathon	22 Jan 2012	01:52:46
Lesley Cole	Betws Y Coed Half Marathon	01 Apr 2012	02:00:39
20 Miles			
Senior Women			
Michelle Ollier	South Cheshire 20	29 Apr 2012	02:50:21
Lucy Roberts	Stafford 20	11 Mar 2012	03:16:15
FV40			
Elizabeth Painter	South Cheshire 20	29 Apr 2012	03:17:29
Janet Evans	Stafford 20	11 Mar 2012	03:29:28
Janet Evans	South Cheshire 20	29 Apr 2012	03:34:49
FV45			
Janette Jones	Stafford 20	11 Mar 2012	03:25:48
Sue Davies	Stafford 20	11 Mar 2012	03:33:15
Sue Davies	South Cheshire 20	29 Apr 2012	03:33:46
FV55			
Lesley Cole	Stafford 20	11 Mar 2012	03:06:41
Marathon			
Senior Women			
Michelle Ollier	Blackpool Marathon	11 Mar 2012	03:41:12
Amy Durrant	déjà vu Marathon	04 Nov 2012	03:44:56
Lucy Roberts	London Marathon	22 Apr 2012	04:46:17
Claire Marsh	London Marathon	22 Apr 2012	04:49:09
Emma-Jane Adams	London Marathon	22 Apr 2012	05:06:03
FV35			
Diane Mitson	London Marathon	22 Apr 2012	03:08:07
Diane Smith	Liverpool Marathon	14 Oct 2012	03:58:26
Katherine Cartledge	Chester Marathon	07 Oct 2012	04:56:21
FV40			
Jackie Gill	London Marathon	22 Apr 2012	04:30:58
Janet Evans	Snowdonia Marathon	28 Oct 2012	04:45:20
Jeanette Hatton	London Marathon	22 Apr 2012	04:59:36
FV45			
Susan Poole	Jersey Marathon	07 Oct 2012	03:52:20
Janette Jones	London Marathon	22 Apr 2012	04:45:17
Sharon Joyner	Liverpool Marathon	14 Oct 2012	05:30:36
Alison Dutton	London Marathon	22 Apr 2012	05:42:05
FV50			
Gill Gibbons	Luton Marathon	18 Nov 2012	04:01:17
Tina Smith	Chester Marathon	07 Oct 2012	04:38:16