

**South Cheshire Harriers**  
**Ladies' Best Times : 2011**

Name	Event	Date	Time
<b>5K</b>			
<b>Senior Women</b>			
Vicki Daly	Forest Park 5K	06 Jul 2011	00:27:17
Rachel Davies	Forest Park 5K	06 Jul 2011	00:31:35
<b>FV35</b>			
Diane Smith	Forest Park 5K	06 Jul 2011	00:24:54
Diane Smith	Hollins Green 5K	04 Jun 2011	00:25:21
Diane Smith	Air Products 5K	10 Apr 2011	00:26:43
<b>FV40</b>			
Susan Poole	Forest Park 5K	06 Jul 2011	00:24:11
Jeanette Hatton	Severn Loop 5K	27 Dec 2011	00:27:19
Janet Evans	Bowden 5K	09 Jun 2011	00:27:22
Janet Evans	Dunham Massey Park 5K (race 2)	17 Jun 2011	00:27:43
<b>FV45</b>			
Suzanne Harrison	Forest Park 5K	06 Jul 2011	00:25:46
Sue Davies	Dunham Massey Park 5K (race 1)	27 May 2011	00:27:47
<b>FV55</b>			
Lesley Cole	Dunham Massey Park 5K (race 2)	17 Jun 2011	00:25:57
Lesley Cole	Bowden 5K	09 Jun 2011	00:26:11
<b>4 Miles</b>			
<b>FV40</b>			
Janet Evans	Cheadle 4	10 Jul 2011	00:37:47
<b>FV45</b>			
Sue Davies	Cheadle 4	10 Jul 2011	00:38:58
<b>FV55</b>			
Lesley Cole	Cheadle 4	10 Jul 2011	00:34:14
<b>5 Miles</b>			
<b>Senior Women</b>			
Katie Latham	Alsager 5	06 Feb 2011	00:32:38
Catherine McNicholl	Westbridge 5	05 Jun 2011	00:42:37
Danielle Kenyon	Alsager 5	06 Feb 2011	00:43:17
Catherine McNicholl	Alsager 5	06 Feb 2011	00:43:48
Lucy Roberts	Alsager 5	06 Feb 2011	00:43:48
<b>FV35</b>			
Nicola Lowe	Alsager 5	06 Feb 2011	00:32:07
Ruth Pryce	Westbridge 5	05 Jun 2011	00:34:14
Ruth Pryce	JCB 5	14 Jul 2011	00:34:40
Ruth Pryce	Alsager 5	06 Feb 2011	00:34:45
Diane Smith	Runcorn Bridge 5	24 Apr 2011	00:43:01
<b>FV40</b>			
Monique Hollinshead	Alsager 5	06 Feb 2011	00:34:42
Susan Poole	Alsager 5	06 Feb 2011	00:39:10
Susan Poole	Chester Spring 5	06 Apr 2011	00:40:21
Elizabeth Painter	Alsager 5	06 Feb 2011	00:44:18
Sarah Dyde	Chester Spring 5	06 Apr 2011	00:44:59
<b>FV45</b>			
Janette Rogers	Runcorn Bridge 5	24 Apr 2011	00:45:54
Sue Davies	Staffs Knot 5	10 Aug 2011	00:47:28
Janette Rogers	Alsager 5	06 Feb 2011	00:47:34
Islay McEwan	Alsager 5	06 Feb 2011	00:48:02
Sue Davies	Westbridge 5	05 Jun 2011	00:48:26
<b>FV50</b>			
Gill Gibbons	Alsager 5	06 Feb 2011	00:39:25
<b>FV55</b>			
Lesley Cole	JCB 5	14 Jul 2011	00:42:36
Lesley Cole	Westbridge 5	05 Jun 2011	00:43:05
Lesley Cole	Alsager 5	06 Feb 2011	00:44:20
Lesley Cole	Ipsstones 5	10 Sep 2011	00:45:11
Lesley Cole	Chester Spring 5	06 Apr 2011	00:46:07
<b>10K</b>			
<b>Senior Women</b>			
Lucy Roberts	Helena Tipping	09 Jan 2011	00:56:21
Heather Hulse	Market Drayton 10K	08 May 2011	00:56:32
Anna Williams	Helena Tipping	09 Jan 2011	01:10:28
<b>FV35</b>			
Ruth Pryce	Market Drayton 10K	08 May 2011	00:41:59
Ruth Pryce	Helena Tipping	04 Dec 2011	00:43:05
Joanna Mascarenhas	BUPA Great Manchester Run	15 May 2011	00:48:47
Victoria Consterdine-Tilley	Market Drayton 10K	08 May 2011	00:48:48
Diane Smith	Sutton 6	18 Sep 2011	00:49:55
<b>FV40</b>			
Monique Hollinshead	Air Products 10K	10 Apr 2011	00:41:46
Rebecca Marshall	Helena Tipping	04 Dec 2011	00:42:20
Susan Poole	Helena Tipping	09 Jan 2011	00:49:55
Sharon Joyner	Air Products 10K	10 Apr 2011	00:53:31
Sarah Dyde	Market Drayton 10K	08 May 2011	00:54:17
<b>FV45</b>			
Tracey Brown	Air Products 10K	10 Apr 2011	00:46:45
Susan Poole	Sutton 6	18 Sep 2011	00:48:20
Susan Poole	Helena Tipping	04 Dec 2011	00:49:39
Suzanne Harrison	Air Products 10K	10 Apr 2011	00:49:45
Tina Smith	Air Products 10K	10 Apr 2011	00:53:11
<b>FV55</b>			
Lesley Cole	Telford 10K	18 Dec 2011	00:50:36
Lesley Cole	Helena Tipping	04 Dec 2011	00:50:50
Lesley Cole	Cheddleton Xmas Pudding Race	27 Nov 2011	00:53:18
Lesley Cole	Stone St Michaels 10K	26 Jun 2011	00:54:03
Lesley Cole	Market Drayton 10K	08 May 2011	00:55:33
<b>FV60 (+)</b>			
Sylvia Smallwood	Air Products 10K	10 Apr 2011	01:02:35
<b>7 Miles</b>			
<b>Senior Women</b>			
Catherine McNicholl	Newcastle 7	10 Apr 2011	01:04:11
<b>FV55</b>			
Lesley Cole	Newcastle 7	10 Apr 2011	01:05:32
<b>10 Miles</b>			
<b>Senior Women</b>			
Katie Latham	Trentham 10	17 Jul 2011	01:10:11
<b>FV35</b>			
Diane Mitson	Llandudno 10	22 May 2011	01:07:21
<b>FV40</b>			
Susan Poole	Police Sports UK 10 Mile	15 Sep 2011	01:21:27
Janet Evans	Trentham 10	17 Jul 2011	01:36:19
Jeanette Hatton	Flying Fox 10	06 Nov 2011	01:42:28
Sarah Dyde	Flying Fox 10	06 Nov 2011	01:42:28
<b>FV45</b>			
Sue Davies	Flying Fox 10	06 Nov 2011	01:42:46
Sue Davies	Trentham 10	17 Jul 2011	01:44:36
<b>FV55</b>			
Lesley Cole	Flying Fox 10	06 Nov 2011	01:25:15
Lesley Cole	Trentham 10	17 Jul 2011	01:27:03
<b>Half Marathon</b>			
<b>Senior Women</b>			
Katie Latham	4 Villages Half Marathon	23 Jan 2011	01:30:50
Katie Latham	Congleton Half Marathon	09 Oct 2011	01:34:06
Emma Hoskins	Buxton Half Marathon	29 May 2011	01:34:32
Katie Latham	Potter's 'Arf	12 Jun 2011	01:35:20
Lucy Roberts	Chester Half Marathon	15 May 2011	01:54:15
<b>FV35</b>			
Nicola Lowe	4 Villages Half Marathon	23 Jan 2011	01:27:26
Cheryl Rees	Wilmslow Half Marathon	27 Mar 2011	01:33:29
Ruth Pryce	Lake Vyrnwy Half Marathon	11 Sep 2011	01:34:12
Ruth Pryce	4 Villages Half Marathon	23 Jan 2011	01:34:26
Diane Smith	Lake Vyrnwy Half Marathon	11 Sep 2011	01:50:57
<b>FV40</b>			
Nicola Lowe	Stafford Half Marathon	20 Mar 2011	01:29:09
Monique Hollinshead	Village Bakeries Half Marathon	27 Feb 2011	01:31:45
Rebecca Marshall	Chester Half Marathon	15 May 2011	01:36:34
Susan Poole	Chester Half Marathon	15 May 2011	01:47:18
Susan Poole	4 Villages Half Marathon	23 Jan 2011	01:48:42
<b>FV45</b>			
Andrea Davies	Chester Half Marathon	15 May 2011	02:02:39
Andrea Davies	Wilmslow Half Marathon	27 Mar 2011	02:08:53
Lynn Tatlock	Chester Half Marathon	15 May 2011	02:09:19
Janette Rogers	Village Bakeries Half Marathon	27 Feb 2011	02:09:27
Janette Rogers	4 Villages Half Marathon	23 Jan 2011	02:13:02
<b>FV55</b>			
Lesley Cole	Congleton Half Marathon	09 Oct 2011	01:55:24
Lesley Cole	Macclesfield Half Marathon	25 Sep 2011	01:58:23
Lesley Cole	Chester Half Marathon	15 May 2011	02:02:05
Lesley Cole	4 Villages Half Marathon	23 Jan 2011	02:16:34
<b>20 Miles</b>			
<b>Senior Women</b>			
Rachel Bexon	Stafford 20	13 Mar 2011	03:31:53
<b>FV35</b>			
Diane Mitson	Stafford 20	13 Mar 2011	02:16:04
<b>FV40</b>			
Nicola Lowe	Stafford 20	13 Mar 2011	02:23:23
Monique Hollinshead	Stafford 20	13 Mar 2011	02:32:13
Jeanette Hatton	Stafford 20	13 Mar 2011	03:42:10
<b>Marathon</b>			
<b>Senior Women</b>			
Katie Latham	London Marathon	17 Apr 2011	03:15:50
Rachel Bexon	London Marathon	17 Apr 2011	04:28:35
Sam Cole	London Marathon	17 Apr 2011	05:19:07
<b>FV35</b>			
Diane Mitson	London Marathon	17 Apr 2011	03:11:30
Diane Mitson	Chester Marathon	09 Oct 2011	03:11:47
Laura Chambers	Chester Marathon	09 Oct 2011	05:04:42
<b>FV40</b>			
Monique Hollinshead	London Marathon	17 Apr 2011	03:20:21
Nicola Lowe	Shakespeare Marathon	08 May 2011	03:22:57
Jeanette Hatton	London Marathon	17 Apr 2011	04:59:23
Janet Evans	Snowdonia Marathon	29 Oct 2011	05:06:24
<b>FV45</b>			
Susan Poole	Liverpool Marathon	09 Oct 2011	04:05:53
<b>15K</b>			
<b>FV40</b>			
Janet Evans	Meerbrook 15K	07 Aug 2011	01:37:25
<b>FV45</b>			
Sue Davies	Meerbrook 15K	07 Aug 2011	01:39:56