

South Cheshire Harriers
Ladies' Best Times : 2008

Name	Event	Date	Time
4 Miles			
U17 Girls			
Gemma Cutler	Cheadle 4	13 Jul 2008	00:33:50
Senior Women			
Kedren Elliott	Cheadle 4	13 Jul 2008	00:35:23
FV35			
Ruth Pryce	Cheadle 4	13 Jul 2008	00:29:21
FV40			
Sarah Dyde	Cheadle 4	13 Jul 2008	00:39:30
5 Miles			
U17 Girls			
Gemma Cutler	Staffs Knot 5	13 Aug 2008	00:42:19
Gemma Cutler	Westbridge 5	01 Jun 2008	00:44:22
Gemma Cutler	Chester Spring 5	02 Apr 2008	00:46:26
Gemma Cutler	Alsager 5	03 Feb 2008	00:47:19
Senior Women			
Sam Cole	Alsager 5	03 Feb 2008	00:44:21
Kedren Elliott	Staffs Knot 5	13 Aug 2008	00:45:21
Kedren Elliott	Westbridge 5	01 Jun 2008	00:46:38
FV35			
Nicola Lowe	Westbridge 5	01 Jun 2008	00:35:15
Carol Godfrey	Westbridge 5	01 Jun 2008	00:35:34
Carol Godfrey	Staffs Knot 5	13 Aug 2008	00:36:16
Elizabeth Painter	Westbridge 5	01 Jun 2008	00:44:44
Jeanette Hatton	Westbridge 5	01 Jun 2008	00:46:31
FV40			
Lorna Fewtrell	Chester Spring 5	02 Apr 2008	00:42:15
Madeleine Richardson	Alsager 5	03 Feb 2008	00:43:08
Judith Whincup	Alsager 5	03 Feb 2008	00:46:18
Charm Parker	Alsager 5	03 Feb 2008	00:47:38
Sarah Dyde	Pie n Peas	06 Aug 2008	00:50:46
FV50			
Anne Garnett	Chester Spring 5	02 Apr 2008	00:51:13
Anne Garnett	Alsager 5	03 Feb 2008	00:52:09
FV60 (+)			
Shelagh Swinnerton	Alsager 5	03 Feb 2008	00:43:48
Shelagh Swinnerton	Chester Spring 5	02 Apr 2008	00:44:04
Sylvia Smallwood	Alsager 5	03 Feb 2008	00:47:38
10K			
U17 Girls			
Gemma Cutler	Berryhillfields 10k	01 Jul 2008	00:53:19
Gemma Cutler	Stone St Michaels 10k	22 Jun 2008	00:54:40
Gemma Cutler	Sandbach Super Six	14 Sep 2008	00:55:11
Gemma Cutler	Clayton 10k	07 May 2008	00:56:49
Gemma Cutler	Farnon 10k	02 Mar 2008	00:58:24
Junior Women			
Gemma Cutler	Cheddleton Pudding Run 10k	29 Nov 2008	00:54:33
Senior Women			
Chantelle Swart	Sandbach Super Six	14 Sep 2008	00:51:11
Kedren Elliott	Birchwood 10k	17 Aug 2008	00:52:08
Kedren Elliott	Helena Tipping	07 Dec 2008	00:54:18
Kedren Elliott	Stone St Michaels 10k	22 Jun 2008	00:54:46
Kedren Elliott	Berryhillfields 10k	01 Jul 2008	00:56:38
FV35			
Nicola Lowe	Sandbach Super Six	14 Sep 2008	00:42:44
Carol Godfrey	Helena Tipping	07 Dec 2008	00:45:11
Ruth Pryce	Sandbach Super Six	14 Sep 2008	00:45:13
Carol Godfrey	Sandbach Super Six	14 Sep 2008	00:45:40
Carol Godfrey	Stone St Michaels 10k	22 Jun 2008	00:45:52
FV40			
Charm Parker	Sandbach Super Six	14 Sep 2008	00:55:35
Sarah Dyde	Helena Tipping	07 Dec 2008	00:56:23
Sarah Dyde	Birchwood 10k	17 Aug 2008	00:57:45
Sarah Dyde	Sandbach Super Six	14 Sep 2008	01:00:05
7 Miles			
U17 Girls			
Gemma Cutler	Newcastle7	30 Mar 2008	01:07:14
FV60 (+)			
Shelagh Swinnerton	Newcastle7	30 Mar 2008	01:03:19
10 Miles			
Senior Women			
Kedren Elliott	Trentham 10 miler	20 Jul 2008	01:34:03
Kedren Elliott	flying fox 10	02 Nov 2008	01:37:15
FV35			
Nicola Lowe	flying fox 10	02 Nov 2008	01:12:55
Nicola Lowe	Trentham 10 miler	20 Jul 2008	01:13:45
Carol Godfrey	flying fox 10	02 Nov 2008	01:17:29
Jeanette Hatton	flying fox 10	02 Nov 2008	01:39:14
FV40			
Sarah Dyde	flying fox 10	02 Nov 2008	01:39:14
Half Marathon			
Madeleine Richardson	4 villages half M'thon	20 Jan 2008	02:11:47
Carole Tilt	Potters 'Arf	08 Jun 2008	02:17:55
FV45			
Tina Smith	4 villages half M'thon	20 Jan 2008	02:12:30
FV60 (+)			
Shelagh Swinnerton	Village Bakeries 1/2 M'thon	17 Feb 2008	01:56:34
Marathon			
FV40			
Karyn Amson-Orth	London Marathon **	13 Apr 2008	04:21:52
Isobel Browne	London Marathon **	13 Apr 2008	04:58:36
FV60 (+)			
Shelagh Swinnerton	London Marathon **	13 Apr 2008	04:48:28