

South Cheshire Harriers

Ladies' Best Times : 2007

Name	Event	Date	Time
4 Miles			
FV40 Sarah Dyde	Cheadle 4	15 Jul 2007	00:35:45
FV45 Cindy Morrisette	Cheadle 4	15 Jul 2007	00:40:00
FV55 Shelagh Swinnerton	Cheadle 4	15 Jul 2007	00:35:13
5 Miles			
U17 Girls Gemma Cutler	Alsager 5	04 Feb 2007	00:42:08
Gemma Cutler	Chester Spring 5	04 Apr 2007	00:43:12
Senior Women Carol Godfrey	Staffs Knot 5	08 Aug 2007	00:39:35
FV35 Jeanette Hatton	Alsager 5	04 Feb 2007	00:45:07
FV40 Sarah Dyde	Chester Spring 5	04 Apr 2007	00:43:15
Sarah Dyde	Alsager 5	04 Feb 2007	00:45:03
Sarah Dyde	Staffs Knot 5	08 Aug 2007	00:45:30
FV45 Cindy Morrisette	Chester Spring 5	04 Apr 2007	00:46:22
Cindy Morrisette	Westbridge 5	03 Jun 2007	00:47:20
Cindy Morrisette	Alsager 5	04 Feb 2007	00:48:17
Cindy Morrisette	Staffs Knot 5	08 Aug 2007	00:49:29
FV55 Shelagh Swinnerton	Alsager 5	04 Feb 2007	00:42:33
Shelagh Swinnerton	Staffs Knot 5	08 Aug 2007	00:44:10
Shelagh Swinnerton	Westbridge 5	03 Jun 2007	00:44:52
10K			
Senior Women Sara Richardson	Helena Tipping	16 Dec 2007	01:01:48
FV35 Carol Godfrey	Helena Tipping	16 Dec 2007	00:44:46
Jeanette Hatton	Stone St Michaels 10K	01 Jul 2007	00:57:29
FV40 Tracey Brown	Birchwood 10K	19 Aug 2007	00:47:42
Sarah Dyde	Birchwood 10K	19 Aug 2007	00:55:57
Sarah Dyde	Stone St Michaels 10K	01 Jul 2007	00:57:29
Sarah Dyde	Helena Tipping	16 Dec 2007	01:00:55
FV45 Cindy Morrisette	Stone St Michaels 10K	01 Jul 2007	00:59:37
FV55 Shelagh Swinnerton	Stone St Michaels 10K	01 Jul 2007	00:54:48
7 Miles			
Senior Women Kate Allen	Newcastle 7	09 Apr 2007	00:55:55
Lizzie Marshall	Newcastle 7	09 Apr 2007	01:10:24
FV35 Karen Roberts	Newcastle 7	09 Apr 2007	01:04:46
FV45 Cindy Morrisette	Newcastle 7	09 Apr 2007	01:07:19
FV50 Anne Garnett	Newcastle 7	09 Apr 2007	01:13:37
FV55 Shelagh Swinnerton	Newcastle 7	09 Apr 2007	01:01:07
10 Miles			
FV35 Jeanette Hatton	Trentham 10	22 Jul 2007	01:40:10
FV40 Sarah Dyde	Trentham 10	22 Jul 2007	01:39:57
FV45 Cindy Morrisette	Flying Fox 10	04 Nov 2007	01:41:00
Cindy Morrisette	Trentham 10	22 Jul 2007	01:42:47
FV55 Shelagh Swinnerton	Trentham 10	22 Jul 2007	01:32:27
Half Marathon			
FV35 Charm Parker	Village Bakeries Half Marathon	18 Feb 2007	02:07:16
Jeanette Hatton	4 Villages Half Marathon	21 Jan 2007	02:07:58
Jeanette Hatton	Uttoxeter Half Marathon	29 Apr 2007	02:10:21
Lizzie Marshall	4 Villages Half Marathon	21 Jan 2007	02:27:57
FV40 Isobel Browne	Congleton Half Marathon	07 Oct 2007	01:55:45
Tina Smith	Uttoxeter Half Marathon	29 Apr 2007	02:07:26
Sarah Dyde	4 Villages Half Marathon	21 Jan 2007	02:07:58
Tina Smith	4 Villages Half Marathon	21 Jan 2007	02:08:44
Sarah Dyde	Uttoxeter Half Marathon	29 Apr 2007	02:10:23
FV45 Cindy Morrisette	Village Bakeries Half Marathon	18 Feb 2007	02:11:40
Cindy Morrisette	Congleton Half Marathon	07 Oct 2007	02:13:09
Cindy Morrisette	Stafford Half Marathon	25 Mar 2007	02:13:10
Cindy Morrisette	Uttoxeter Half Marathon	29 Apr 2007	02:16:50
FV50 Sheila Bickerton	Village Bakeries Half Marathon	18 Feb 2007	01:37:16
Anne Garnett	4 Villages Half Marathon	21 Jan 2007	02:29:55
FV55 Shelagh Swinnerton	Village Bakeries Half Marathon	18 Feb 2007	01:55:43
Shelagh Swinnerton	Congleton Half Marathon	07 Oct 2007	02:01:34
FV60 (+) Sylvia Smallwood	Village Bakeries Half Marathon	18 Feb 2007	02:18:18
Marathon			
FV35 Karyn Amson-Orth	London Marathon	22 Jul 2007	04:44:11
FV55 Shelagh Swinnerton	London Marathon	22 Jul 2007	05:05:30