



SOUTH CHESHIRE 20

A scenic 20-mile race, 2 wks before Berlin, 5 wks before Chester & 6 wks before Yorkshire marathons

Sunday 2nd September 2018; start 9:30am



Venue: **Shavington Sports Centre**
Rope Lane, Shavington, Crewe CW2 5DJ



Certificate number 09/031

- Comprehensive prize list, including team prizes & course record prizes.
- Start and finish, parking, registration, changing facilities, showers and refreshments at Sports Centre.
- 20 miles of frequently hilly, mainly country lanes through Weston, Englesea-Brook, Betley, Wrinehill, Shralebrook, Audley and Barthomley.
- Excellent support and regular drink stations
- T-shirt to all finishers.
- Pre/post-race massage

Under UKA Rules
Licence no: **2018-27214**
Maximum 250 runners

Online entry at **BookitZone.com**

Postal entries to:
Race Secretary
South Cheshire 20
46 Woodside Avenue
Wistaston
Crewe
CW2 8AN

*Postal entries: Please provide email address or affix sufficient postage if sending SAE for race info
Online Entries: You will receive confirmation and race info by e-mail
*There will be NO on the day entries
*ALL race numbers to be collected on the day.
Enquiries to **Mike Stevens 07800 683854**



NO MP3 PLAYERS PLEASE! For the safety of runners, this will be strictly enforced. Anyone running in headphones will be disqualified.

2018 20-mile OFFICIAL ENTRY FORM - BLOCK CAPITALS PLEASE

First Name..... Surname.....

Address.....

Post Code..... E-mail..... Contact Telephone No.....

Date of Birth..... Age on Race Day..... (minimum 18). Sex: M or F (Please circle)

UKA Affiliated Club (if applicable).....UKA registration number.....

NSRRA number (if applicable).....

ENTRY FEES (Please tick) £11 (Affiliated) £13 (Unaffiliated)

Cheques to be made payable to **SOUTH CHESHIRE HARRIERS**

DECLARATION

I will abide by the rules of UKA. I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses that may arise in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day and that, in any event, I will compete at my own risk. The details on this form will be held on computer for the purposes of this race. I agree that the organisers may publish my Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences, publishing results or promoting future races either for the event alone or other events. Results may include name, any club affiliation, race times, email address, date of birth and age category.

Signed..... Date.....