

SOUTH CHESHIRE 20

Sponsored by



C D Construction (Crewe) Ltd
Design and Build Services
Phone/fax: 01270 256007



Mark J Wilson
Plumbing & Heating Services



A scenic 20-mile race, four weeks before the Edinburgh Marathon

Sunday 29th April 2012; Start 9:30am



Venue: **Shavington Sports Centre**

Rope Lane, Shavington, Crewe CW2 5DJ



- Start and finish, parking, registration, changing facilities, showers and refreshments at Sports Centre.
- 20 miles of frequently hilly, mainly country lanes through Weston, Englesey-brook, Betley, Wrinehill, Shralebrook, Audley and Barthomley.
- Excellent support and regular drink stations.
- **NEW:** male & female course record prizes available
- Comprehensive prize list, including team prizes.
- T-shirt to all finishers.
- Free pre/post-race sports massage available.

Online entry at **Runner's World and UKresults.net**



Under UKA Rules
Licence no:
2012-103468
Maximum 250
runners

Postal entries to:

Race Secretary
South Cheshire 20
45 Oakhurst Drive
Wistaston
Crewe, Cheshire CW2 6UE

***Postal entries*:** Please affix sufficient postage if sending SAE. Underpaid entries will have to be collected on the day. Entries received without SAE, or after 21st April, collect number on race day.
***Online Entries*:** You will receive e-mail confirmation and details only, collect number on race day.
Enquiries to **Charlie Rowlands 07791 568440**

2012 20 mile OFFICIAL ENTRY FORM - BLOCK CAPITALS PLEASE

First Name.....Surname.....

Address

.....

.....

Post Code.....Telephone Noe-mail.....

Sex M or F Date of Birth Age on Race Day .. (minimum 18)

UKA Affiliated Club (if applicable)..... UKA registration number

NSRRA number (if applicable)

ENTRY FEES (Please tick) £10 (Affiliated) £12 (Unaffiliated)

*Plus £2 for On-the-Day entries

Cheques / Postal Orders to be made payable to **SOUTH CHESHIRE HARRIERS**

NO MP3 PLAYERS PLEASE!

DECLARATION

I will abide by the laws of the UKA. I accept that the organisers will not be liable for any loss, damage, action, claim, costs or expenses that may arise in consequence of my participation in this event. I declare that I will not compete in this race unless I am in good health on the day and that, in any event, I will compete at my own risk. The details on this form will be held on computer for the purposes of this race.

Signed..... Date