

Tuesday Evening Country Runs

All routes are about 5-6 miles and are within easy reach of Crewe. We start at 7.00 p.m. and will continue throughout the summer. This is the second programme for July and August. Everyone is welcome and no-one will be left behind!

Date	Meeting Point	Run description
30/6/09	On the road outside The Rising Sun, Scholar Green	This circular run takes in two canals and a pretty route across fields.
7/7/09	Barthomley church car park	A pretty run, over fields and lanes, taking in a small coppice.
14/7/09	The Salt Line car park, Alsager	A pleasant circular route starting on the salt line and returning via the canal.
21/7/09	The Green at Hankelow	A rural varied route, across fields, canal and lanes.
28/7/09	Apedale Country Park. (1 st car park after Halmer End)	A varied run, through woodland and the country park, with lovely views.
4/8/09	Acton church Car Park	A beautiful run down the South Cheshire Way, lanes and canal.
11/8/09	The Bears Head, Brereton	A lovely rural route mainly along tracks and taking in a lap or two of Brereton Country Park.
18/8/09	The Salt Line car park, Alsager	A rural route along the canal and onto Wheelock Rail Trail.
25/8/09	Car park next to fish and chip shop, Halmer End.	A beautiful route through a country park and around Bateswood Nature Reserve.

For further details, please contact Anne Garnett on 01270 668104 or Lizzie Marshall on 01270 661056.